Molecular epidemiology of Escherichia coli sequence type 131 and its H30 and H30-Rx subclones among extended-spectrum-β-lactamase-positive and -negative E. coli clinical isolates from the Chicago region, 2007 to 2010

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Molecular Epidemiology of *Escherichia coli* Sequence Type 131 and Its H30 and H30-Rx Subclones among Extended-Spectrum-β-Lactamase-Positive and -Negative *E. coli* Clinical Isolates from the Chicago Region, 2007 to 2010


Mayo Clinic, Rochester, Minnesota, USAa; NorthShore University HealthSystem, Evanston, Illinois, USAb; Veterans Affairs Medical Center and University of Minnesota, Minneapolis, Minnesota, USAc; University of Washington, Seattle, Washington, USA; Translational Genomics Research Institute, Flagstaff, Arizona, USAe; George Washington University, Washington, DC, USAf

We assessed *Escherichia coli* ST131 and its H30 and H30-Rx subclones for virulence genes, antimicrobial resistance, and extended-spectrum beta-lactamase (ESBL) type. Although both subclones were associated with ESBL production, H30-Rx isolates had higher resistance scores and were associated specifically with CTX-M-15. Three virulence genes (*iha*, *sat*, and *iutA*) were more prevalent among H30 than non-H30 ST131 isolates. Thus, the H30 and H30-Rx subclones are more antimicrobial resistant and have virulence profiles that are distinct from those of non-H30 ST131 isolates.

The H30 and H30-Rx subclones of *Escherichia coli* sequence type 131 (ST131) have expanded more extensively than other ST131 variants, for as-yet-unexplained reasons. The H30 subclone, so named because it contains allele 30 of *fimH* (type 1 fimbrial adhesin gene), comprises almost all current fluoroquinolone-resistant ST131 isolates (1). Within the H30 subclone, the H30-Rx subset often carries *bla*<sub>CTX-M-15</sub> and may constitute its main repository within ST131 (2). Here we determined the prevalence of ST131 and its H30 and H30-Rx subclones among isolates from a case-control study of infections caused by extended-spectrum-β-lactamase (ESBL)-producing *E. coli* strains (3) and compared these groups for virulence genotypes, antimicrobial resistance, and ESBL type.

A total of 267 (100 ESBL-positive and 167 ESBL-negative) *E. coli* isolates were collected prospectively between 2007 and 2010 for a case-control study, as described in detail elsewhere (3), with approval by the NorthShore and VA Medical Center institutional review boards. Fifteen health care-associated isolates, collected during the prospective study 2 days after hospital admission, were excluded from the study reported in reference 3 but were evaluated here. Established PCR-based methods were used to define *E. coli* phylogenetic group (A, B1, B2, and D) (4), ST131 and its H30 subclone (1, 2, 5), major CTX-M groups (6), the presence of *bla<sub>CTX-M-15</sub>* (7), and extended virulence genotypes (8–10). The H30-Rx subclone was identified by PCR detection of a specific single-nucleotide polymorphism (SNP) (G723A) within the alantoin-encoding gene, *ybbW* (2). Primers APfor63 (5’-GGTTGC GGTTCTGGGCA-3’) and APrev66 (5’-CAATATCCAGCACGTCGTCCGGGTG-3’), with a cycling routine of 95°C for 8 min, 31 cycles of 94°C for 20 s and 72°C for 40 s, and a final extension at 72°C (for 5”), yielded a 194-bp amplicon. The resistance score was the total

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FIG 1 Resistance phenotypes and ESBL types among 71 ST131 isolates. (A) All 71 ST131 isolates, stratified by H30 subclone status. (B) The 62 H30 subclone isolates, stratified by H30-Rx status. ESBL, extended-spectrum β-lactamase; FQ-R, fluoroquinolone resistant. Prevalence values reflect percentages of isolates within each indicated subgroup.
number of agents (among 7) to which an isolate was resistant. The virulence score was as described previously (11). Fisher’s exact test and the Mann-Whitney U test were used for comparisons involving dichotomous and continuous variables, respectively; a P value of <0.05 was considered statistically significant. Principal coordinate analysis (PCoA) was used to reduce the dimensionality of the molecular data set for simplified comparisons (12).

The 100 ESBL-positive (49% ST131) and 167 ESBL-negative (13% ST131; P < 0.001) study isolates were predominantly from urine (92%) and community-associated infections (95%). The most prevalent ESBL type overall was CTX-M (84%), predominantly CTX-M-15 (73%), followed by group 9 CTX-M variants (11%). CTX-M-15 was not significantly associated with ST131 isolates, but only 27% of other H30 isolates, were ESBL positive (Fig. 1B). Among ESBL-positive isolates, virulence scores were slightly lower among ST131 than non-ST131 isolates (median, 10 versus 12; P = 0.03). In contrast, among ESBL-negative isolates, virulence scores were much greater among ST131 than non-ST131 isolates (median, 10 versus 6; P < 0.001).

Within ST131, several virulence factor (VF) genes were subtype specific, with iha, sat, and iutA occurring predominantly among H30-Rx isolates but iroN, K1, andibeA occurring predominantly among non-H30 isolates (Table 2). In contrast, among H30 isolates, only kpsMII and K5 differed in prevalence between

### TABLE 1 Antimicrobial resistance by ST131 subclone among 71 Escherichia coli ST131 isolates

<table>
<thead>
<tr>
<th>Antimicrobial agent</th>
<th>Within ST131</th>
<th>Within H30 ST131 subclone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>H30 (n = 62)</td>
<td>Non-H30 (n = 9)</td>
</tr>
<tr>
<td>Ampicillin</td>
<td>61 (98)</td>
<td>7 (78)</td>
</tr>
<tr>
<td>Cefazolin</td>
<td>48 (77)</td>
<td>1 (11)</td>
</tr>
<tr>
<td>Ceftriaxone</td>
<td>46 (74)</td>
<td>1 (11)</td>
</tr>
<tr>
<td>Ceftazidime</td>
<td>44 (71)</td>
<td>1 (11)</td>
</tr>
<tr>
<td>Gentamicin</td>
<td>23 (37)</td>
<td>5 (56)</td>
</tr>
<tr>
<td>Ciprofloxacin</td>
<td>61 (98)</td>
<td>2 (22)</td>
</tr>
<tr>
<td>TMP-SMZ&lt;sup&gt;b&lt;/sup&gt;</td>
<td>31 (50)</td>
<td>6 (67)</td>
</tr>
</tbody>
</table>

<sup>a</sup> Determined by Fisher’s exact test. Values are shown where P is <0.05; for all other comparisons, P was >0.10.

<sup>b</sup> TMP-SMZ, trimethoprim-sulfamethoxazole.

### TABLE 2 Virulence gene distribution by ST131 subclone among 71 Escherichia coli isolates

<table>
<thead>
<tr>
<th>Functional category</th>
<th>Gene&lt;sup&gt;a&lt;/sup&gt;</th>
<th>Within ST131</th>
<th>Within H30 ST131 subclone</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>H30 (n = 62)</td>
<td>Non-H30 (n = 9)</td>
<td>P&lt;sup&gt;b&lt;/sup&gt;</td>
</tr>
<tr>
<td>Adhesin</td>
<td>iha</td>
<td>60 (97)</td>
<td>5 (56)</td>
</tr>
<tr>
<td></td>
<td>sat</td>
<td>61 (98)</td>
<td>3 (33)</td>
</tr>
<tr>
<td>Siderophores</td>
<td>iroN</td>
<td>1 (2)</td>
<td>2 (22)</td>
</tr>
<tr>
<td></td>
<td>iutA</td>
<td>56 (90)</td>
<td>5 (56)</td>
</tr>
<tr>
<td>Protectins</td>
<td>kpsMII</td>
<td>53 (85)</td>
<td>8 (89)</td>
</tr>
<tr>
<td></td>
<td>K1</td>
<td>2 (3)</td>
<td>3 (33)</td>
</tr>
<tr>
<td></td>
<td>K5</td>
<td>17 (27)</td>
<td>1 (11)</td>
</tr>
<tr>
<td>Other</td>
<td>ibeA</td>
<td>0</td>
<td>6 (67)</td>
</tr>
</tbody>
</table>

<sup>a</sup> Virulence genes listed are those that yielded P values of <0.05 in at least one comparison.

<sup>b</sup> Determined by Fisher’s exact test. Values are shown where P is <0.05; for all other comparisons, the differences were not significant.
H30-Rx and non-H30-Rx isolates (Table 2). Virulence scores were similar across the ST131 subclones (median for each, 10).

According to PcoA, ST131 isolates had distinctive virulence profiles relative to non-ST131 isolates, and each subclone group within ST131 (H30-Rx, other H30, and non-H30) had a characteristic profile (Fig. 2). Among the ST131 isolates, H30 (non-H30-Rx) profiles were most homogeneous, whereas non-H30 profiles were most diverse and overlapped most with those of non-ST131 isolates (Fig. 2).

Here we determined the prevalence of ST131 and its H30 and H30-Rx subclones and explored their associations with resistance phenotypes, ESBL types, and virulence profiles, among prospectively collected E. coli clinical isolates from the Chicago area (2007 to 2010). We confirmed the well-established association between ST131 and ESBL production (13–15), and found that the recently identified H30 ST131 subclone (1, 2, 5, 16) has expanded in the study region more than non-H30 ST131 subclones. Furthermore, we found that within ST131, CTX-M-15 was confined almost exclusively to the H30-Rx subset.

Our findings confirm, in a geographically distinct population, recent whole-genome-based evidence that within ST131, blaCTX-M-15 is transmitted mainly vertically within the H30-Rx lineage, after what was probably a single ancestral acquisition event (2). Our findings also uniquely document a continuum of increasing antimicrobial resistance within ST131, from the non-H30 (most susceptible) isolates to the H30-Rx isolates (most resistant).

Furthermore, we document that, among ESBL-positive isolates, ST131 isolates—mostly representing the H30-Rx subclone—have higher virulence scores than non-ST131 isolates, implying greater virulence potential and thereby possibly explaining their high prevalence. We also identified three VF genes (iha, sat, and iutA) that are more prevalent among H30 than non-H30 ST131 isolates. The mechanisms whereby specific accessory traits may facilitate the epidemiologic success of ST131 and its principal subclones deserve further study.

Study limitations include the fact that most isolates were from urine and community-onset infections and hence may not be representative of isolates causing invasive infections. We also lacked clinical data, so we could not correlate bacterial traits with infection severity. Study strengths include the fact that we evaluated a large number of ESBL-positive and ESBL-negative clinical isolates and used novel SNP-based PCR assays to identify the recently recognized H30 and H30-Rx subclones within ST131.

In conclusion, among ESBL-positive E. coli strains in the study region, the H30 ST131 subclone now accounts for almost half of ESBL-positive E. coli strains causing infections, with CTX-M-15, the most common ESBL type, being carried almost exclusively by the H30-Rx subset within H30. Elucidation of the molecular and ecologic basis for the epidemiologic success of ST131, especially its H30 and H30-Rx components, could inform the development of interventions against further spread of these highly antimicrobial-resistant lineages.

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REFERENCES


