## APPENDIX
(supplemental online):
CNMC Diabetes Pathway

### CNMC Diabetes Pathway: Type I & II

#### Clinical Details
- All patients with a confirmed diagnosis of Diabetes

#### Diagnosis
- **Type I Diabetes**
  - **Symptoms**
    - Polyuria
    - Polydipsia
    - Polyphagia
    - Weight loss
  - **Signs**
    - Ketosis
    - Hyperglycemia

- **Type II Diabetes**
  - **Symptoms**
    - Polyuria
    - Polydipsia
    - Polyphagia
    - Weight loss
  - **Signs**
    - Hypoglycemia
    - Hyperglycemia

#### Management
- **Type I Diabetes**
  - Insulin therapy
  - Oral antidiabetic agents
  - Dietary modifications

- **Type II Diabetes**
  - Oral antidiabetic agents
  - Dietary modifications
  - Exercise therapy
  - Bariatric surgery

#### Complications
- **Microvascular Complications**
  - Retinopathy
  - Nephropathy
  - Neuropathy

- **Macrovascular Complications**
  - Coronary artery disease
  - Peripheral artery disease
  - Cerebrovascular disease

#### Prevention
- Regular exercise
- Healthy diet
- Tobacco avoidance
- Regular check-ups

#### Treatment Overview

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Diagnose diabetes</td>
</tr>
<tr>
<td>2</td>
<td>Initiate treatment</td>
</tr>
<tr>
<td>3</td>
<td>Monitor A1C levels</td>
</tr>
<tr>
<td>4</td>
<td>Adjust treatment as needed</td>
</tr>
<tr>
<td>5</td>
<td>Monitor complications</td>
</tr>
</tbody>
</table>

#### Support Services
- **Nutrition Consultation**
- **Pharmacology Review**
- **Psychosocial Support**

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**Note:** This is a summary of the CNMC Diabetes Pathway. For detailed information, please refer to the full document.