### Himmelfarb Health Sciences Library, The George Washington University

### **Health Sciences Research Commons**

Himmelfarb Headlines (2009 - present)

Himmelfarb Health Sciences Library

5-2023

### Himmelfarb Headlines - May/June 2023

George Washington University, Himmelfarb Health Sciences Library

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#### **Director's Desk**

The summer at Himmelfarb Library is an unusual season. As some programs are on summer break and faculty, staff, and students are away on well-earned leave, the library is a bit quieter and it's time to focus on projects and changes that we want to implement prior to the fall rush. That said, summer also provides excitement as we welcome new cohorts (the new PA class has arrived!), summer programs, and



new residents. And, as we finish the fiscal year, it's a time to consider our collections and services: what's working and what we might like to change.

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#### What's New at Himmelfarb Library

- Thank you to everyone who shared their wonderful art pieces to be displayed in the annual Art Show! If you missed it, you can still view this year's and previous year's submissions online on our digital art show website.
- Welcome to all new residents, new and returning students, and new faculty and staff! We invite you to take advantage of all the Himmelfarb Library has to offer! From health sciences databases, 3D printing, e-journals, and books, we offer not only a robust online library but also study space with flexible hours and staff who are ready to assist you in your research needs. Visit us online and in person, and contact us at



#### Newsletter Archives

#### **Previous Issues**

Himmelfarb Headlines (2009-Present )

Information Interface (1976-2009)

himmelfarb@gwu.edu or 202-994-2850 with questions!

- Check out our summer hours! For most of July, the library will open at 7:30 am, and close at Midnight, Monday - Friday, and 9:00 am - Midnight, Saturday - Sunday.
- Have you heard about the turnstile project in the Ross Hall lobby? You can still access the library through the Ross Hall courtyard entrance from 7pm to 7AM weekdays and all day during the weekends.

### Do you remember when...

Believe it or not, our Reference desk used to be on the opposite side of where it is today! Check out those computers! Pictured: Yvonne Lee



#### Anti-Racism in Healthcare Research Guide

Himmelfarb Library's Diversity, Equity, and Inclusion (DEI) Committee is excited to announce our latest project: the Anti-racism in Healthcare research guide.



This research guide is now publicly available and links users to journal collections, physical and electronic books, virtual tutorials, and organizations that explore racial inequities in healthcare. The research guide will undergo regular review and updates so that current information is shared.

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#### **Getting Your Students The Resources They Need**

The Himmelfarb Health Sciences Library is here to support you and your students' educational

needs by providing access to books, journals, software, and more. We can also support your class through our online course reserves service as well as by granting physical access to the Himmelfarb Library for students who would not otherwise have such access.

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#### **New GW VPN Available Now!**

GW Information Technology released a new Virtual Private Network (VPN) client to the GW community: Palo Alto GlobalProtect VPN. The new GlobalProtect VPN is available for download and use now. The existing VPN, Cisco AnyConnect VPN, will remain available to users until August 8, 2023.

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#### Healthy Living @ Himmelfarb: Spring Update

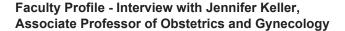
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### Staff Spotlight - Introducing Jaylee Davis, Circulation Assistant

Learn more about Himmelfarb Library staff members. In this issue we learn more about Jaylee Davis, Circulation Assistant.

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Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Jennifer Keller,



Associate Professor of Obstetrics and Gynecology.

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#### Student Spotlight - Meet Jeffrey Kai, Nursing Student

This feature lets us become better acquainted with the students that use the Himmelfarb library resources on a daily basis. Meet Jeffrey Kai, a nursing student.



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said, summer also provides excitement as we welcome new cohorts (the new PA class has arrived!), summer programs, and new residents. And, as we finish the fiscal year, it's a time to consider our collections and services: what's working and what we might like to change.

Himmelfarb Library recently streamlined its
Documents2Go/Interlibrary Loan policy from the 'Rule of
Fifteen' to the 'Rule of 30'. Via the updated policy, the first
thirty requests a year (July-June) are free for every GWSPH,
SMHS, and Nursing faculty, student, and staff. Our interlibrary
loan team prioritizes making the most of this policy for our
users by exhausting free options before counting a request as
one of the thirty or charging a user. Himmelfarb's library staff
is also happy to show you how to use LibKey Nomad to
expedite and maximize finding full-text articles from
Himmelfarb's collection and free online repositories.

This spring, the GW SPH Research Day and Medical Student Research Day provided the GW community an opportunity to explore and recognize the research output of GW's health sciences students and faculty. Himmelfarb librarians were pleased to participate in the poster judging for both events, and have already started adding these materials to the Health

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Sciences Research Commons (HSRC): GW SPH Research Day Collection and the Medical Student Research Day Collection. Please encourage your students to submit their posters by sending it as a PDF to hsrc@gwu.edu. When students archive their posters on the Health Sciences Research Commons, they are able to include the stable URL to their work in their CV and start building their scholarly profile. It's also useful to encourage students just starting in research and publication to claim their ORCID ID so they can maintain and manage their scholarly identity!

Earlier this spring, Himmelfarb Library released the Antiracism Research Guide. This research guide was the result of Himmelfarb's internal DEI committee, and I want to especially recognize Brittany Smith, Himmelfarb's Metadata Specialist, who led this project. The Antiracism Research Guide pulls together healthcare professional organizations, training materials, GW organizations, books, audiovisual educational tools, and journal special collections centered on antiracism. While now published, the research guide is meant to be a living guide and encourages the GW community to share feedback and suggest resources for inclusion in the guide.

Circling back to the push and pull of summer work and the lure of a summer break - I hope you all find rest and productivity in the coming season!

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This research guide is now publicly available and links users to journal collections, physical and electronic books, virtual tutorials, and organizations that explore racial inequities in healthcare. The research guide will undergo regular review and updates so that current information is shared.

We want this guide to be a high-quality resource that is relevant to our community, so we are very interested in your feedback. We encourage our users to share antiracism resources with us using the Resource Suggestion Google Form located on the guide's homepage.

We are particularly interested in building a list of community recommendations for books, videos, and other resources that they have found particularly helpful for learning about and practicing anti-racism. If you would like to participate in this community project, there is an option to opt-in when submitting your resource suggestions to allow us to display your name and affiliation with your recommendation.

Finally, if you are a member of a SMHS, GWSPH, or GW Nursing student organization interested in partnering with us, please contact the current DEI Committee chair, Rachel Brill (rgbrill@gwu.edu). We'd love to hear a little about your organization's mission, current projects, and any ways in which Himmelfarb can provide support. Please include a

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contact person for the group and any other information (website, social media, etc.) you'd like to share with us.

Please contact DEI Committee member Brittany Smith at bsmith91@gwu.edu with any questions about the antiracism guide.

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#### **Getting Your Students The Resources They Need**

The Himmelfarb Health Sciences
Library is here to support you and
your students' educational needs by
providing access to books, journals,
software, and more. We can also
support your class through our online
course reserves service as well as by
granting physical access to the



Himmelfarb Library for students who would not otherwise have such access.

#### **Course Reserves**

In addition to providing access to materials, we can directly assist with their integration into your courses. By using the Himmelfarb Library's course reserves service, you can select the resources (book chapters or journal articles) that you need to have available for your students, and our Reserves Department will create digital copies of print resources or provide durable links for materials already available online. We can even directly import them into your online course if you grant us access. See the course reserves page linked above for more information on this service.

#### **Physical Access to Himmelfarb**

Currently, the Himmelfarb Library offers unrestricted access to all SMHS, GWSPH, and Nursing advanced degree students as well as to undergraduate students with declared majors in SMHS, GWSPH, and Nursing. However, not all of your students may fit into one of those categories. For students who would not otherwise be able to get into the Himmelfarb library, access isn't automatically granted when they register for your class.

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If your students will need physical access to the Himmelfarb Library for either of the following reasons, you can contact us and we can provide them with the needed access:

- 1. Your class is located in a room within the Himmelfarb Library
- 2. You've placed physical items on reserve in the library

To set up access, please email Catherine Sluder (crharris@gwu.edu) with a list of your students' names and GWIDs. She can then get those students properly coded to allow for the required access to the library.

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#### **New GW VPN Available Now!**

GW Information Technology released a new Virtual Private Network (VPN) client to the GW community: Palo Alto GlobalProtect VPN. The new GlobalProtect VPN is available for download and use now. The existing VPN, Cisco AnyConnect VPN, will remain available to users until August 8, 2023.



The GlobalProtect VPN functions similarly to the existing VPN and provides a secure connection to GW systems. One advantage of the new GlobalProtect VPN is that it takes advantage of GW's Single Sign-on and so provides users with a familiar login experience.

With regard to library resources, the VPN emulates an 'on-campus' connection so you can access Himmelfarb Library's online resources without entering additional login/password credentials. The VPN is also helpful if you're using GW's administrative systems which frequently require the secure connection provided by the VPN.

It's easy to get started with the new GlobalProtect VPN:

- Download and install the GlobalProtect VPN, following the instructions on the Virtual Private Network (VPN) page managed by GW IT.
- **2.** On your computer, start the GlobalProtect VPN.
- 3. Login to the Global Protect VPN using GW Single Sign-

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#### On:

- \* Accounts created **before** May 22, 2022: Your GW UserID is the portion of your email address prior to @.
- \* Accounts created after May 22, 2022: Your GW UserID is your GWID (G#).
- **4.** Check your Two-Step Authentication (i.e. text, Authenticator app, etc.) to authorize your VPN login.
- **5.** You can now access databases, e-texts, and e-journals via the Himmelfarb Library website without any additional logins.

If you need assistance with the GlobalProtect VPN, GW IT is available to help!

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#### Healthy Living @ Himmelfarb: Spring Update

The Healthy Living @ Himmelfarb initiative, which began in 2012, contributed a number of events to the Himmelfarb Library community in Spring 2023. In addition to ongoing updates to the Healthy Living @ Himmelfarb guide, a Basketball



Shootout was held during the lunch hour at Himmelfarb on March 14. There was enthusiastic participation in this event, which was a fundraiser for the GW Healing Clinic. In April, Himmelfarb hosted two events: the annual Art Show, as well as a new feature, the Cherry Blossom Photo Contest, which received submissions from across the Himmelfarb Library user community as well as faculty and staff. Our contest winner, Jeffrey Kai from the GW School of Nursing, was proud to represent the Ashburn campus and #GWNursing.

Looking back to the beginning of Healthy Living, Himmelfarb kicked off the initiative in the Fall of 2012.

Since then, the committee has hosted events in the library including cooking demonstrations, movement classes such as yoga and Zumba, and art therapy.

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Healthy Living kickoff, Fall 2012



Yoga in the stacks, Fall 2012



Zumba in a classroom, Fall 2012



Art therapy, Spring 2015

Ongoing initiatives of Healthy Living @ Himmelfarb include monthly Study Break Guides that bring together a variety of free or affordable activities near the Foggy Bottom campus, and occasional impromptu events like cornhole in the Ross Hall courtyard. Our Healthy Living Collection, housed at Himmelfarb Library, includes books on stress reduction; cooking and nutrition; home organization; and alternative medicine. You can also sign out yoga mats and hula hoops, or help work on a jigsaw puzzle at our puzzle table. Check out our collection of Wellness Apps to explore resources that can help support nutrition, mindfulness, exercise, and more. And

don't miss our directory of Services & Resources which can route you to GW units that support physical and mental wellbeing.

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#### Staff Spotlight - Introducing Jaylee Davis, Circulation Assistant

Learn more about Himmelfarb Library staff members. In this issue we learn more about Jaylee Davis, Circulation Assistant.

#### What brought you to GW?

I am a Posse Scholar! The Posse Foundation sponsors scholarships



students from Atlanta to several partner schools. I went through the process in my senior year and I was selected to attend GW. It was a happy coincidence because I never saw myself at a what I consider a large, city school. I was really interested in small liberal arts schools - Swarthmore and Williams were some top contenders. I'm an English major and I have always wanted to study literature. Almost every college in the United States has an English program, and I didn't know what I wanted to specialize in so I wasn't too worried about that. However, I've been pleasantly surprised with the GW English department. They're everything that I could ever hope to have. I constantly brag about my truly amazing professors, my supportive classmates and Posse, and just the vast amount of resources that I am privileged to enjoy. I'm really happy to be at GW, and in DC -- even though it was more my scholarship that chose for me rather than me choosing for myself.

### Tell us about your position at Himmelfarb and what you do.

My official title is Circulation Desk Assistant. Essentially, I check in and out library materials and help patrons find what they need in the library. I am also the first line of defense for patrons' questions about our materials, printing, scanning,

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checking out, checking in, making appointments with our librarians. I help bring in the mail, talk to the courier about sending out the mail. And of course, a lot of it is just helping people get into the gate.

# What has been the best part of working at Himmelfarb? Any fun/funny memories to share?

I would say the best part of working at Himmelfarb is seeing the regulars and just sharing that little moment of solidarity with them as they come in at 7 AM, 8 AM or even 2AM. I also like chatting with our other community members like housekeeping staff, the courier, the mail carrier. It has a nice sense of familiarity and a sense of community even if it's in silence – a quiet, collaborative community.

# You are also a student at GW. Could you tell us about what you're studying?

As previously mentioned, I study English at GWU. I am also working towards a minor in sociocultural anthropology. I'm very interested in culture studies, literary theory, and literary cultures. My particular interests in literature are post-colonial studies and gender and sexuality studies. That's mainly what I focus on here at GW my mentor and thesis advisor is Robert McRuer, a famous scholar in queercrip studies (seriously, check him out) – that is, the intersection between disability studies and queer studies. I am also in the University Honors Program, where I have been extremely fortunate to take courses such as Hinduism, Daoism, and Buddhism; Narrative Revivals (on 17c illuminated manuscripts!), and various political science/theory classes.

# When you are not studying or working at the library, what are your hobbies, interests, or special things you like to do?

Not so surprisingly as a GW student, I am politically active. I work with a group called Black Knowledge Coalition, a mutual aid organization that focuses on making accessible all things related to anti-racism and Black liberation, especially ideas and resources that are only available to those with access to academic libraries. We run a community library, where people can check out books, and host discussions and events with Ward 2 Mutual Aid, Harriet's Dreams, Libereaders, and other DC organizations.

Besides politics, I am the co-editor-in-chief and layout manager for The GW Undergraduate Review, GW's undergraduate research journal. In this capacity, I select student research for publication, work with authors, manage the editorial staff, and finally, put the journal together. In my free time, I like to explore the DMV area, trying new restaurants and recipes with friends, and watching movies (especially really, really bad horror movies).

# What has been the most unexpected, surprising, or challenging experience as a GW student?

Being a GW student is full of unexpected, surprising, and challenging experiences. Truly absurd things happen at this school. It is really hard to pick anything surprising or unexpected, because after being here through so many changes, even in such a short amount of time, I have lost reference for what is *normal*.

One challenge that I feel all GW students face is making friends and connections. Our school can feel very isolating and atomized at times. Coming from the south where there is a lot of school spirit and pride, and where, even at a big school, everyone seems to know everyone, GW is obviously very different. Especially as a freshman during the pandemic, the only way I could meet people was in online group chats or through zoom university. I did not thrive in that environment, and it was difficult and awkward trying to forge a social life through a screen. Things got a lot better after we moved back on to campus. The best thing that helped was getting close to my roommates and people in my organizations. Finding time to hang out, outside of school and organization responsibilities is crucial!

# Describe some of the most meaningful personal and/or academic accomplishments in your life.

I was recently accepted into the Honors in English program at GWU! This is what I consider my greatest academic accomplishment so far. As an honors student, I will embark on a year-long thesis on a topic of my choice with my advisor, Robert McRuer. It will be a long, arduous journey, but I am excited to explore under his guidance.

#### What are your plans after GW?

I would like to go into higher education so I am interested in pursuing a PhD in English or a related field. Then, I would like to work as a professor or in academic publishing.

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# Faculty Profile - Interview with Jennifer Keller, Associate Professor of Obstetrics and Gynecology

Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Jennifer Keller, Associate Professor of Obstetrics and Gynecology.



# Tell us a little bit about yourself, and about the work you are currently engaged in?

I have been a faculty member in the Department of Obstetrics and Gynecology since 2007 (though originally came to GW as a resident in OBGYN in 2003) and have had a variety of different roles within the department including Residency Program Director. I love being an educator and working with learners at all phases of their career- students, residents, staff and junior faculty. Currently I am the Director of the new Office of Professional and Respectful Learning in the School of Medicine and Health Sciences. I took this role because I have loved being a part of this community and I want every person who works and learns at GW to feel supported in their personal educational journey.

#### What inspired you to work in your field?

OBGYN is a unique combination of all parts of medicine. We are surgeons, primary care providers, consultants, patient advocates. As an OBGYN I also have the privilege of providing longitudinal care in a way that is really unique in a surgical or procedural specialty and I love this about my job.

#### What brought you to GW?

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I chose GW for residency because of the supportive, collegial environment.

#### What is your favorite aspect of your work?

See above- Helping learners reach their goals.

You mentioned that you are the director of the recently established Office of Professional & Respectful Learning? Could you please tell us about OPRL's creation, its mission, and anything else you'd like share about it?

The OPRL was created in November of 2021 to foster a positive learning environment where all members of our community can pursue their educational and professional goals in an environment that is respectful, inclusive and safe.

### What has been your most memorable moment and greatest professional challenge?

Receiving the Council on Resident Education in OBGYN Awardthis is given to a faculty member by the residents every year for their contributions to resident education. As the residency program director, often times it feels like you are doing so much administrative work, that it is hard to know what your impact is on the resident's education and development. There is nothing more meaningful to me than making a difference in the experience of the residents in my program.

### What library resources or services have you found to be the most useful?

I have always found the reference librarians to be of great help when putting together presentations, literature reviews in preparation for a research project or finding articles on a topic when my Pubmed skills do not seem to be finding the right type of article.

### How do you spend your free time? (or What do you do to relax?)

I love enjoying all the outdoor space and trails in the DMV. I am runner and love to run early in the mornings to explore different neighborhoods, parks and sights. I also hike in many of the local and regional parks in our area on the weekends with my family. There are so many amazing spots here!

What advice would you give to a new faculty member just starting at GW? GW is a small community. This presents junior faculty with many opportunities to develop your leadership skills early in your career. Take advantage of these opportunities to lead and grow! You will learn so much from stretching into areas where you may not feel comfortable.



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#### Student Spotlight - Meet Jeffrey Kai, Nursing Student

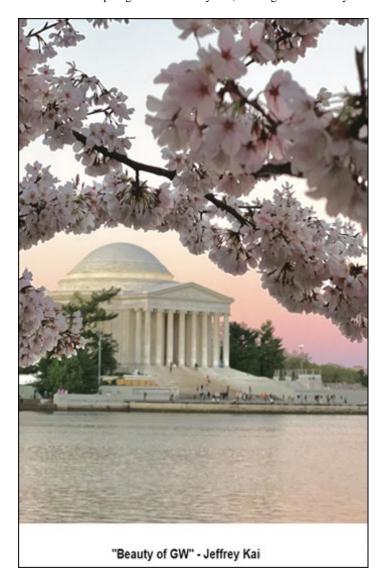
This feature lets us become better acquainted with the students that use the Himmelfarb library resources on a daily basis. Meet Jeffrey Kai, a nursing student and winner of the Himmelfarb Library's 2023 Cherry Blossom Photo Contest.



This spring, Healthy Living @ Himmelfarb sponsored its first Cherry Blossom Photo Contest, held in conjunction with the 2023 Annual Art Show. The photo contest was intended to celebrate the ephemeral beauty of cherry blossoms at the Tidal Basin. Entries received highlighted the talents of our entire community – students, faculty, and staff.

It was difficult to select a winner, Jeffrey Kai (Accelerated BSN candidate, School of Nursing) impressed the judges with his photograph's composition and colors. We invited Jeffrey to tell us a little bit about himself, and how he got that winning shot.

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#### Can you share your journey to GW Nursing?

I was serving in the United States Navy as a Hospital Corpsman when one of my fellow Sailors applied and got accepted to GW Nursing. At that point, I wanted to enhance my skills and knowledge in patient care as well, so I also applied and thankfully I got accepted, too! It took me about 5 years to prepare to get here, taking 1-2 prerequisite classes each semester while still serving in the military full-time. There were times when I was doing my class work online aboard a ship, or in the middle of the Arizona desert while doing military training. [Once I graduate,] I would like to give back by serving as a nurse to military service members, their families, and the veteran community.

# How long have you been taking photographs, and what are your favorite subjects?

I have been taking photographs since high school, but I started putting more thought into it when I joined the Navy and traveled the world. I want to capture the beauty and essence of each of the places I've been to and share its magic with the rest of my friends and family near and far through social media. It's as if they were traveling with me, too. I

grew up on the island of Saipan, which is part of the Northern Mariana Islands -- a U.S. territory. Not in my wildest dreams would I have thought I would be able to see all the world's amazing views! My favorite subjects are landmarks and vistas, like the National Mall and the National Parks, [such as] Zion, Sequoia, and Shenandoah.

### How did you hear about the Cherry Blossom Photo Contest?

I frequently go to the Himmelfarb Health Sciences Library website for nursing school resources, specifically the Lexicomp database. [On the homepage] I saw an announcement for the Cherry Blossom Photo Contest. Since I had already planned to check out the cherry blossoms once they reached peak bloom this year, I decided to get to sleep early the night before and drive to the National Mall at 5 a.m. I started walking around the Tidal Basin at 6 a.m., not only to walk around with fewer crowds, but also to capture what photographers call the "golden hour," which is a period of beautiful, soft natural light that makes subjects not overexposed or underexposed, and usually comes with a beautiful golden hue. I took pictures of the cherry blossoms with the Jefferson Memorial in the background, and voilà, the rest is history!

# What is something that people on the Foggy Bottom campus should know about the Ashburn campus?

I am very honored to be representing the Ashburn campus with this recognition and I would say that my fellow Nursing students here at VSTC are some of the most resourceful, resilient, and dedicated people I have ever met in my professional career. We always find ways to help each other and the community around us. We also like to be involved and be part of the bigger GW community at every opportunity.



Jeffrey Kai, 2023 Cherry Blossom Photo Contest Winner, at Himmelfarb Library to receive his prize.

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