# Himmelfarb Health Sciences Library, The George Washington University

# **Health Sciences Research Commons**

Himmelfarb Headlines (2009 - present)

Himmelfarb Health Sciences Library

9-2023

# Himmelfarb Headlines - September/October 2023

George Washington University, Himmelfarb Health Sciences Library

Follow this and additional works at: https://hsrc.himmelfarb.gwu.edu/headlines

Part of the Library and Information Science Commons, and the Medicine and Health Sciences Commons



Resources -Services **▼** About ▼ Library Hours

<u>Himmelfarb Health Sciences Library</u> / <u>Himmelfarb Headlines</u> / **September/October 2023** 

# Himmelfarb Headlines: September/October 2023

# September/October 2023



## Director's Desk - Generative Al

Generative AI has been a frequent topic of discussion since last November when ChatGPT launched. ChatGPT is a 'large language model' that allows a user to ask questions to which ChatGPT will create and immediately display responses. Text that is generated by ChatGPT is difficult, if not impossible, to distinguish from human-generated text. And, while ChatGPT can generate text, it can also generate inaccurate information, too - by fabricating information (including citations) when it doesn't have the right information or by providing outdated information. ChatGPT was initially trained on data through



September 2021 so its responses reflect that limitation; premium ChatGPT subscriptions now use a version of ChatGPT which will continuously browse the Internet for updated information.

Continue Reading

## What's New at Himmelfarb Library

• Fall is in the air and we are running a Fall photo contest! Head outdoors to admire the beautiful fall foliage and capture those amazing photos. Enter your best photo with a chance to win a PRIZE. The 2023 Himmelfarb Fall Colors Photo Gallery will showcase all digital photos submitted.



- Submit your photos by Friday, November 3, 2023.
- o Complete a 2023 Online Contest Submission Form and submit an original photo (JPEG, PDF, PNG files only). Limit 1 entry person.

- The contest photo must be original and taken in 2023.
- By submitting an entry, each contestant agrees to the rules of the contest.
- If you haven't already done so, check out our <u>Instagram</u> and <u>Facebook</u> pages to keep updated!

#### Anatomical Models Added to the Himmelfarb Collection

Himmelfarb Library now offers nine new anatomical models for student use. SMHS anatomy and occupational therapy faculty alongside GWSPH exercise science faculty surveyed an extensive list of possible models for purchase and recommended these as vital additions to the library's non-print collection.



Continue Reading

# Pump Up Your Productivity With This Trio Of Tech Tips!

Himmelfarb Library is always looking for ways to help our library users increase their research productivity. This month we'll look at three things you can install to make your next research session seamless and convenient.



Continue Reading

# Growing Readership with Health Sciences Research Commons

The <u>Health Sciences Research Commons (HSRC)</u> is a digital repository maintained by the Himmelfarb Health Sciences Library where students, faculty, and staff associated with SMHS, SPH, and SON can archive copies of their scholarly output. Using HRSC you can archive materials including conference posters, reports, news articles, OA journal articles, preprints, book chapters, ETDs, and more. Archiving your materials allows you to participate in the scholarly communications process by making your ideas and research available to your peers in the health sciences community.



Continue Reading

#### Citation Resources At Himmelfarb

Are citations becoming a daunting task in your research? Proper citation styles may seem daunting, but there's no need to worry. Himmelfarb's citation <u>Citations Tutorials LibGuide</u> is a valuable resource tailored specifically to assist and simplify the citation process. If you are presenting or publishing an article, the accuracy and precision of your citations matter.



Continue Reading

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

Learn more about Himmelfarb Library staff members. In this issue, we learn more about Catherine Sluder, Manager; Bloedorn Technology Center.



Continue Reading

# Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue, we learn more about Suszan Ulrich, Director: Nursing and Midwifery Education.



Continue Reading

In This Issue				
<u>Director's Desk</u>				
What's New at Himmelfarb				
Anatomical Models Added to the Himmelfarb Collection				
Pump Up Your Productivity With this Trio Of Tech Tips!				
Growing Readership with Health Sciences Research Commons				
Citation Resources At Himmelfarb				
Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center				
Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education				

	$r \cap$	vio	LIC	Issl	IOC
г	10	viO	us	いろろし	ハニン

Himmelfarb Headlines (2009-present)

Information Interface (1976-2009)

Next: Director's Desk >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License.

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

Privacy Notice - Terms of Use

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the <a href="Accessibility Feedback Form">Accessibility Feedback Form</a>.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a>



Services → About → Resources -Library Hours

<u>Himmelfarb Health Sciences Library</u> / <u>Himmelfarb Headlines</u> / **Director's Desk** 

# Himmelfarb Headlines: Director's Desk

September/October 2023

## Director's Desk - Generative Al

Generative AI has been a frequent topic of discussion since last November when <a href="ChatGPT">ChatGPT</a> launched. ChatGPT is a 'large language model' that allows a user to ask questions to which ChatGPT will create and immediately display responses. Text that is generated by ChatGPT is difficult, if not impossible, to distinguish from human-generated text. And, while ChatGPT can generate text, it can also generate inaccurate information, too - by fabricating information (including citations) when it doesn't have the right information or by providing outdated information. ChatGPT was initially trained on data through



September 2021 so its responses reflect that limitation; premium ChatGPT subscriptions now use a version of ChatGPT which will continuously browse the Internet for updated information.

Does GW have a policy for ChatGPT and similar technology? In April 2023, GW released Guidelines for Using Generative Artificial Intelligence. This policy covers all GW schools except the School of Medicine and Health Sciences and the School of Law. GW Law has since published its own policy. The School of Medicine and Health Sciences does not currently have a policy.

How can I learn more about ChatGPT? The best way to learn about this technology is to try it. Ask <u>ChatGPT</u> questions about a topic in your field of expertise. You can ask it to provide information, or for something more specific, e.g. a one-page summary, an outline of a 5 page paper, citations to support that paper.

What should I tell my students about generative AI? Dr. Ryan Watkins, from the GW Graduate School of Education and Human Development, has developed several resources to support GW faculty who want to learn more about generative AI and updating course materials to reflect its availability:

- Update Your Course Syllabus for chatGPT Suggestions for updating course syllabi
- Clarifying the Ethical Boundaries for Using Al

Tool for instructor's to assess personal ethical boundaries re usage of AI within their course plus anonymous student survey; intended to provide information to lead in-class discussion,

• Create Guidance for Students on Using Al in Your Assignments Interactive tool to generate guidance for use in course materials.

What about using ChatGPT for generating patient notes? Generative AI tools have promise for productivity gains in the future, but at present pose a risk to the confidentiality of patient data. This article may be useful for understanding this topic more broadly:

Al Chatbots, Health Privacy, and Challenges to HIPAA Compliance

Marks, M., & Haupt, C. E. (2023). Al Chatbots, Health Privacy, and Challenges to HIPAA Compliance. JAMA, 330(4), 309–310. https://doi.org/10.1001/jama.2023.9458

How should information from ChatGPT be cited? Himmelfarb Library's Scholarly Communications video series provides a brief video on <u>Artificial Intelligence Tools & Citations</u> to show you how to accurately cite generative AI as a source.

#### In This Issue

**Director's Desk** 

What's New at Himmelfarb

Anatomical Models Added to the Himmelfarb Collection

Pump Up Your Productivity With this Trio Of Tech Tips!

**Growing Readership with Health Sciences Research Commons** 

Citation Resources At Himmelfarb

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: September/October 2023

Next: What's New at Himmelfarb Library >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License.

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







GW Email - Blackboard - SMHS - GW Nursing - GWSPH - MFA - Himmelfarb Intranet - Feedback - Site Map

Privacy Notice - Terms of Use

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the Accessibility Feedback Form.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - himmelfarb@gwu.edu -

https://himmelfarb.gwu.edu



Resources ▼

Services → About →

Library Hours

Himmelfarb Health Sciences Library / Himmelfarb Headlines / Anatomical Models Added to the Himmelfarb Collection

# Himmelfarb Headlines: Anatomical Models Added to the Himmelfarb Collection

September/October 2023

#### Anatomical Models Added to the Himmelfarb Collection

Himmelfarb Library now offers nine new anatomical models for student use. SMHS anatomy and occupational therapy faculty alongside GWSPH exercise science faculty surveyed an extensive list of possible models for purchase and recommended these as vital additions to the library's non-print collection.



The models purchased include:

- 3D Printed Head and Visceral Column of the Neck
- Human Eve Model
- Adult Human Skull Model, Didactic Colored **Version**
- Wound Care Model
- Pressure Ulcer Staging model
- Human Knee Joint model
- Human Elbow Joint model
- Human muscle fiber model
- Osteoporosis Didactic model



3D Printed Head & Visceral Column of the Neck

The models are available in the Bloedorn Technology Center (BTC), third floor of Himmelfarb Library, along with our existing collection of models and articulated and disarticulated skeletons (both real and replica). All models come with accompanying descriptive guides.



Models are freely accessible on tables and shelves throughout the main area of the Technology Center (where the IT Help Desk is located) with no checkout required. For their safekeeping, we ask that the models, skeletons, and bone boxes not be taken outside of the BTC, but students can move the models and bones to our collaborative tables for additional room and to work in small groups.



# In This Issue

**Director's Desk** 

What's New at Himmelfarb

**Anatomical Models Added to the Himmelfarb Collection** 

Pump Up Your Productivity With this Trio Of Tech Tips!

**Growing Readership with Health Sciences Research Commons** 

Citation Resources At Himmelfarb

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: What's New at Himmelfarb Library

Next: Pump Up Your Productivity With This Trio Of Tech Tips! >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License.

Last Updated: Nov 2, 2023 3:25 PM

URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







GW Email - Blackboard - SMHS - GW Nursing - GWSPH - MFA - Himmelfarb Intranet - Feedback - Site Map

<u>Privacy Notice</u> - <u>Terms of Use</u>

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the <a href="Accessibility Feedback Form">Accessibility Feedback Form</a>.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a>



Resources -

Services → About →

Library Hours

Himmelfarb Health Sciences Library / Himmelfarb Headlines / Pump Up Your Productivity With This Trio Of Tech Tips!

# Himmelfarb Headlines: Pump Up Your Productivity With This Trio Of Tech Tips!

September/October 2023 ▼

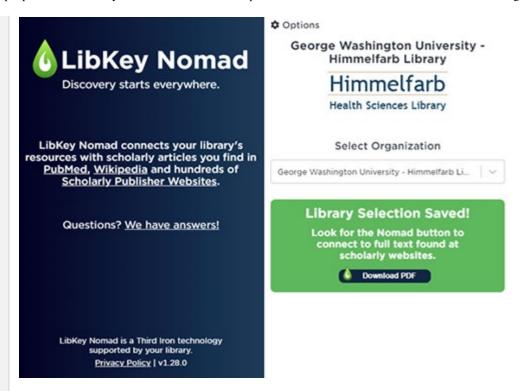
## Pump Up Your Productivity With This Trio Of Tech Tips!

Himmelfarb Library is always looking for ways to help our library users increase their research productivity. This month we'll look at three things you can install to make your next research session seamless and convenient.

Do you do most of your research from an off-campus location? Are you a distance student? If so, make sure you are connecting to library resources via the GW VPN. Once you have installed the GW VPN, you can connect to it when you begin a research session. Rather than having to go through two-factor authentication to connect to online databases and journals, you will notice that you're able to access these resources seamlessly. The VPN allows your computer to function as though it is on the GW campus and therefore allows you to access most databases, e-texts, and e-journals without additional logins.

NOTE: If you installed the Cisco GW VPN prior to 2023, this is no longer the VPN in use at GW. You will need to uninstall the Cisco VPN and replace it with our current product, Palo Alto GlobalProtect (scroll down the page to VPN to find the download link).

Now that you've streamlined your access to library resources with the VPN, consider adding <u>Libkey Nomad</u> to your web browser. Libkey Nomad is a web browser extension that will integrate with Himmelfarb Library's journal collection. To install Libkey Nomad, follow the link and select your web browser. Once it is installed, make sure to select Himmelfarb from the drop-down menu:



Once you have installed Libkey Nomad, you will notice links within your search results in PubMed, Scopus, CINAHL, and other databases. Those links enable you to open the PDF of an article directly (where available), rather than navigating out to the library catalog and then to the journal article source.

Now you have located many useful articles and want to organize a list of references. Don't create a list in Microsoft Excel or Word, because Himmelfarb Library has another method to offer you: citation management via RefWorks. Whether you are keeping track of dozens of references, collaborating with research partners, or writing up your project, RefWorks can help. It can even store your PDFs! All GW affiliates are entitled to create an account, and RefWorks remains available to you upon graduation. Visit our guide to RefWorks to learn more!

Once you have configured the resources above, get ready to maximize your productivity! As always, contact us at <a href="mailto:himmelfarb@gwu.edu">himmelfarb@gwu.edu</a> with any questions.

In This Issue
<u>Director's Desk</u>
What's New at Himmelfarb
Anatomical Models Added to the Himmelfarb Collection
Pump Up Your Productivity With this Trio Of Tech Tips!
Growing Readership with Health Sciences Research Commons
Citation Resources At Himmelfarb
Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center
Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: Anatomical Models Added to the Himmelfarb Collection

**Next:** Citation Resources At Himmelfarb >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License.

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps
Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC









<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

Privacy Notice - Terms of Use

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the <a href="Accessibility Feedback Form">Accessibility Feedback Form</a>.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a hre



Services About ■ Resources -

Library Hours

Himmelfarb Health Sciences Library / Himmelfarb Headlines / Growing Readership with Health Sciences Research Commons

# Himmelfarb Headlines: Growing Readership with Health Sciences Research Commons

September/October 2023 ▼

## Growing Readership with Health Sciences Research Commons

The Health Sciences Research Commons (HSRC) is a digital repository maintained by the Himmelfarb Health Sciences Library where students, faculty, and staff associated with SMHS, SPH, and SON can archive copies of their scholarly output. Using HRSC you can archive materials including conference posters, reports, news articles, OA journal articles, preprints, book chapters, ETDs, and more. Archiving your materials allows you to participate in the scholarly communications process by making your ideas and research available to your peers in the health sciences community.



Why should you archive with HSRC? Here are a few reasons:

- Your research will be placed into a permanent collection and you will have a stable link that you can include on your resume/CV or on your website.
- Your research will be discoverable via search engines such as Google Scholar
- You can measure the impact and reach of your research through PlumX metrics and Altmetrics data.
- It's free! You don't have to pay to deposit your research into the HSRC.

The HSRC platform is indexed by major search engines including Google Scholar which enhances readership, particularly for items such as conference posters and news articles or reports not published elsewhere. With the platform you can create special collections of institutional research such as the Reports on Missouri's Public Health Response to Covid-19 collection from the School of Public Health or the <u>URGENT Matters</u> collection from the School of Medicine and Health Sciences. And, for students applying for their next academic or professional position, digitally archiving items such as conference posters can help to set them apart from their peers.

The platform also provides access to PlumX and Altmetrics to help you explore how your research might be seen on social media or by major news outlets:



This image shows the PlumX metrics displayed in the record for this journal article.

In This Issue				
<u>Director's Desk</u>				
What's New at Himmelfarb				
Anatomical Models Added to the Himmelfarb Collection				
Pump Up Your Productivity With this Trio Of Tech Tips!				
Growing Readership with Health Sciences Research Commons				
Citation Resources At Himmelfarb				
Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center				
Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education				

<< Previous: Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

Next: Staff Profile - Introducing Catherine Sluder, Manager, Bloedorn Technology Center >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps
Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

<u>Privacy Notice</u> - <u>Terms of Use</u>

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the <a href="Accessibility Feedback Form">Accessibility Feedback Form</a>.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">himmelfarb@gwu.edu</a> - <a href="mailto:himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a>



Resources ✓ Services ✓ About ✓

Library Hours

<u>Himmelfarb Health Sciences Library</u> / <u>Himmelfarb Headlines</u> / **Citation Resources At Himmelfarb** 

# Himmelfarb Headlines: Citation Resources At Himmelfarb

September/October 2023

#### Citation Resources At Himmelfarb

Are citations becoming a daunting task in your research? Proper citation styles may seem daunting, but there's no need to worry. Himmelfarb's citation Citations Tutorials LibGuide is a valuable resource tailored specifically to assist and simplify the citation process. If you are presenting or publishing an article, the accuracy and precision of your citations matter.



Have you heard of RefWorks? RefWorks offers a fantastic way to collect, manage, and organize research papers and documents. The program offers a drag-and-drop capability that makes it easy to upload and manage your documents and bibliographic data, and an additional feature that allows you to capture research from websites with the click of a button. If you are uncertain of where to start, you can check out Himmelfarb's RefWorks Libguide.

Additionally, RefWorks offers helpful webinars each month! You can check out upcoming sessions and find previous recordings. Creating an account is fairly easy. Visit the RefWorks website, and enter your information.

Lastly, we offer support for various types of software. Whether it's MATLAB or SAS, or Stata we have access to a variety of resources that can aid you in your research. Managing your data does not need to be complicated, if you need any assistance, or If there is a tutorial you would like to see, feel free to contact our Reference desk and make a request!

	ш	 lss	u	ι.

**Director's Desk** 

What's New at Himmelfarb

Anatomical Models Added to the Himmelfarb Collection

Pump Up Your Productivity With this Trio Of Tech Tips!

**Growing Readership with Health Sciences Research Commons** 

Citation Resources At Himmelfarb

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

#### Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: Pump Up Your Productivity With This Trio Of Tech Tips!

Next: Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License.

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps
Report a problem.

#### THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

<u>Privacy Notice</u> - <u>Terms of Use</u>

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the <a href="Accessibility Feedback Form">Accessibility Feedback Form</a>.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">himmelfarb@gwu.edu</a> - <a href="mailto:himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:himm



Resources -

Services About ■

Library Hours

Himmelfarb Health Sciences Library / Himmelfarb Headlines / Staff Profile - Introducing Catherine Sluder, Manager, Bloedorn Technology Center

# Himmelfarb Headlines: Staff Profile - Introducing Catherine Sluder, Manager, Bloedorn Technology Center

September/October 2023

# Staff Profile - Introducing Catherine Sluder, Manager, Bloedorn Technology Center

Learn more about Himmelfarb Library staff members. In this issue, we learn more about Catherine Sluder, Manager, Bloedorn Technology Center.

#### Share your path to Himmelfarb Library.

I should start by saying that I have a life-long connection to GW's Medical School. My father, Frank Miller, was a 1948 graduate who joined its faculty to teach Pathology for nearly four decades.



During my graduate studies at GW, I noticed that Himmelfarb had a part-time job opening at its AV Study Center (now the Bloedorn Technology Center). I took the position in 1985 (in part to be close to my father) and have remained part of the Himmelfarb team ever since.

#### Tell us about your position at Himmelfarb and what you do.

Currently, I manage the Bloedorn Technology Center as well as oversee physical access to the library. I also work closely with my colleagues in the Circulation Department, and I am a library instructor in the POM curriculum.

I recently teamed with library administration and with faculty from SMHS, and from the GWSPH Exercise Science program, to expand Himmelfarb's collection of anatomical models. The main area of Bloedorn has been reconfigured to accommodate and highlight our recent additions.

#### What do you enjoy most about your position?

Since I became a POM library instructor four years ago, I quickly came to enjoy working with our medical students more than anything else I do. I was initially daunted by the role, but now treasure it. My librarian colleagues were wonderful and patient mentors as I found my footing.

#### What has been the best part of working at Himmelfarb?

It has always been the people I work with. The support and camaraderie amongst our Himmelfarb staff are exceptional. Our Library Administration deserves a huge shout-out. They have consistently promoted staff development, offered accommodations to staff in times of need, and sought to nurture our individual talents and areas of interest.

#### What do you like to do in your time away from work?

Spending time with my husband, Jeff, and my two cats, Escher and Igor, is my favorite off-work activity. Jeff and I enjoy going to the AFI Silver Theater in Silver Spring to watch old movies and, especially, the annual film noir festival. I also love music, piano and tennis.

#### Where are you from originally, and what brought you to the DC area?

I was born in 1960 at the old GW Hospital, and grew up in Bethesda. The only time I've spent living outside the DC area was while attending college in New York.

- 1		1.5	Issu	<i>.</i>

**Director's Desk** 

What's New at Himmelfarb

**Anatomical Models Added to the Himmelfarb Collection** 

Pump Up Your Productivity With this Trio Of Tech Tips!

**Growing Readership with Health Sciences Research Commons** 

Citation Resources At Himmelfarb

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: Growing Readership with Health Sciences Research Commons



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License

Login to LibApps Report a problem.

## THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

<u>Privacy Notice</u> - <u>Terms of Use</u>

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the Accessibility Feedback Form.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a href="mail



Resources ▼ Services ▼ About ▼ Library Hours

Himmelfarb Health Sciences Library / Himmelfarb Headlines

/ Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

# Himmelfarb Headlines: Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

September/October 2023 ▼

# Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue, we learn more about Suzan Ulrich, Director: Nursing and Midwifery Education.

#### Tell us a little bit about yourself, and about the work you are currently engaged in?

I have been a nurse since 1976 and a Nurse-Midwife since 1983 involved in both clinical practice and education throughout my career. My first position was as a nurse in labor and delivery. I then began



teaching maternity nursing to BSN students. I became a midwife and ran a variety of midwifery services including the North Shore Birth Center in Beverly Massachusetts. This small cottage on the grounds of Beverly Hospital offered families a home like space to give birth without the many interventions typically used in labor and delivery units. The families were the decision makers in their care and it was a joy to be present at a birth especially when children were attended the births of their siblings. I moved back into academia and taught nurse-midwives in a distance learning program for 13 years and was passionate about increasing the midwifery workforce. I served a Dean of Nursing at St. Catherine University in Saint Paul MN and taught in an online Doctor of Nursing Practice program before joining GW Nursing. I have been the Director of Midwifery Education at GW Nursing since July 2022. Both the school and the University have embraced me and the new midwifery program with consistent and strong support for this crucial new initiative.

#### What inspired you to work in your field?

I grew up always wanting to be a nurse. I guess I read too many Cherry Ames books and watched too many episodes of Dr. Kildare. I was excited to begin my nursing studies but fainted the first day I was on the medical surgical unit realizing I did not like sick people. As I continued in my studies I was a bit unsure until I started my maternity rotation. I was thrilled because maternity nurses took care of health women having babies. My maternity instructor was amazing and I knew I wanted to be just like her someday. My first position was in labor and delivery and I was where I belonged. I pursued a master's degree in maternity nursing and delived into the experience of pregnancy and becoming a mother learning how important attention and support are for women to have a healthy pregnancy and also to become a mother. I began teaching nursing students and taught them how to support their patients. But my students were frustrated because the patients would ask for certain things during their pregnancy or the birth but the obstetricians would not permit many of these simple requests. This also frustrated me. Then I discovered that midwives existed in the US and decided immediately to became a midwife. As a midwife, I provide patients and their families with the kind of pregnancy and birth

care they desire. I love being a midwife humbling participating in that most precious moment when a baby is born into the world and a new family is created.

#### What brought you to GW?

I was at a point in my career where I wanted to return to my passion for making more midwives! When I learned about the opportunity to be the Director of Midwifery Education at GW Nursing and create a new midwifery program I jumped at the chance.

#### What is your favorite aspect of your work?

Creating a midwifery program is an opportunity to shape maternity care in the US which needs a radical change of perspective from fear based, technological birth to individualized, compassionate care that promotes normal physiologic pregnancy, birth, and lactation and addresses the social determinants of health. It is imperative that midwifery programs teach students about community birth and the birth center model of care which is the place for the practice of midwifery. Our program will focus on community birth and we hope all students will experience out of hospital birth because it is transformative. Students will participate in hospital births because that is where most births occur, and it is the right level of care for complicated childbirth with the availability of necessary interventions in collaboration with the maternity care team.

# You have been appointed Director of the newly-launched and pre-accredited Nurse-Midwifery program at GW. Could you share about this?

It has been a whirlwind developing the program, structuring the program plan, designing the curriculum, aligning the courses with the Core Competencies for Basic Midwifery Education, and completing the self-study and site visit for pre-accreditation by the Accreditation Commission for Midwifery Education. We received pre-accreditation in August 2023 just one year after I came to GW Nursing. It was a labor of love for me because I enjoy curriculum development and the precision and detail needed for successful accreditation. Sharing this work over the past year with the other midwifery faculty member Assistant Professor Dr. Tarnisha Hemphill has made it fun and exciting because I have done this for many years and Dr. Hemphill is a novice so sees things through a different lens. We complement each other perfectly with my administrative experience and birth center perspective and her full scope hospital-based practice with a population often neglected by the health care system. Our collaboration produced a stellar midwifery program that meets the needs of adult learners, is rigorous, and shines a light on respectful maternity care.

#### What has been your most memorable moment and greatest professional challenge?

One experience that changed my career and heart as a midwife was my last semester of midwifery school which was completed at the North Shore Birth Center. Previously, I was a labor and delivery nurse and during my midwifery program at Georgetown we attended births at DC General Hospital. My perspective on birth was limited until I observed the midwifery attended births at the birth center. Seeing birth outside the hospital was a revelation to me showing birth as an intimate and normal physiologic process that should be honored. I realized much of the care in hospitals disrupted the laboring family and put the attention on routines instead of the needs of the mothers. I had the privilege of learning the art of midwifery from three amazing midwives, Joan Richards, Fran Ventre, and Debbie Black who met the needs of each mother and family supporting them in whatever they needed and desired for their birth. Care was compassionate and individualized. I became a fierce advocate for birth centers.

Years later as the Director of the North Shore Birth Center, my biggest challenge was keeping the birth center open and operating. The NSBC was owned by Beverly Hospital causing some issues because there was opposition to the birth center from the doctors and nurses who were attending births at Beverly Hospital. Part of it was competition for patients which translates into follow the money. More deeply it was the belief that hospital birth was best and birth centers were on the fringe. This is interesting because before the 1950 most everyone was born at home. Moving birth to the hospital changed the power structure placing the hospital and doctor in charge instead of the family and the midwife. I had to be creative to keep the birth center open and with the support of the families served by the birth center I was successful. I left the birth center in 2000 and am very sad to say that the hospital closed it last year after over 40 years of operation. The families and midwives are working to open a new center not owned by hospital. I am hoping

they are successful in providing this model of care for families.

#### What library resources or services have you found to be the most useful?

I worked in the library at Duquesne University for two summers when I was an undergraduate and have a great appreciation for libraries and librarians. I have been amazed at the depth and breadth of the Himmelfarb Library. It seems to have a subscription to every journal that I need giving me immediate digital access. The instant messages to a librarian when you are in the midst of a search are very helpful. I had the pleasure of partnering with Rachel Brill, the Reference and Instructional Librarian to teach and support the students in my Evidence Based Practice course on conducting productive literature searchers. Having the Librarian in the course is so beneficial for students.

#### How do you spend your free time? (or What do you do to relax?)

I live with my husband on a 20-acre vineyard of concord grapes, apple orchard, and stream with a waterfall on the shore of Lake Erie. It is harvest time now so I have been canning applesauce from the wonderful old apple tree that has the best tasting apples. Soon I will be making concord grape jam using the pulp and the skins of the grapes. It is delicious.

#### What advice would you give to a new faculty member just starting at GW?

Let people know what you need. The faculty, staff, and administration at GW Nursing and the University have enthusiastically supported the development of the new midwifery program and gone above and beyond to create, market, and launch the program. Talk to everyone and you will find allies to support you and your development as an academician. Seek out a mentor whose passion aligns with yours and grow that relationship. Enjoy the people because they are the best part of GWU.



Suzan's vineyard

In This Issue

**Director's Desk** 

What's New at Himmelfarb

**Anatomical Models Added to the Himmelfarb Collection** 

Pump Up Your Productivity With this Trio Of Tech Tips!

**Growing Readership with Health Sciences Research Commons** 

Citation Resources At Himmelfarb

Staff Profile - Introducing Catherine Sluder, Manager; Bloedorn Technology Center

Faculty Profile - Interview with Suzan Ulrich, Director; Nursing and Midwifery Education

<< Previous: Citation Resources At Himmelfarb

Next: Growing Readership with Health Sciences Research Commons >>



This work is licensed under a

Creative Commons Attribution-NonCommercial 4.0 International License

Last Updated: Nov 2, 2023 3:25 PM URL: https://guides.himmelfarb.gwu.edu/newsletter

Login to LibApps
Report a problem.

## THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC







<u>GW Email</u> - <u>Blackboard</u> - <u>SMHS</u> - <u>GW Nursing</u> - <u>GWSPH</u> - <u>MFA</u> - <u>Himmelfarb Intranet</u> - <u>Feedback</u> - <u>Site Map</u>

<u>Privacy Notice</u> - <u>Terms of Use</u>

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the Accessibility Feedback Form.

Himmelfarb Health Sciences Library - 2300 Eye St., NW, Washington, DC 20037 - Phone: (202) 994-2850 - <a href="mailto:himmelfarb@gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu">https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb.gwu.edu</a> - <a href="mailto:https://himmelfarb