#### Himmelfarb Health Sciences Library, The George Washington University

#### **Health Sciences Research Commons**

**GW Infectious Disease Updates** 

**GW Covid-19 Collection** 

1-19-2022

### Covid-19 Clinical Update 1/19/2022

George Washington University

Follow this and additional works at: https://hsrc.himmelfarb.gwu.edu/infectiousdiseaseupdates

# **COVID-19 UPDATE**

HANA AKSELROD, MD, MPH
ASSISTANT PROFESSOR, DIVISION OF INFECTIOUS DISEASES
GW MFA COVID-19 RESPONSE LEAD
1/19/2022

Hot spots



- Region 3 Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia
- WHO label
   Lineage #
   US Class
   %Total
   95...

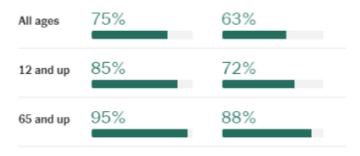
   Omicron
   B.1.1.529
   VOC
   99.4%
   99.1-9

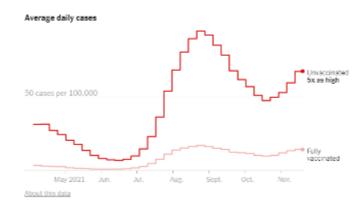
   Delta
   B.1.617.2
   VOC
   0.6%
   0.4-0.9

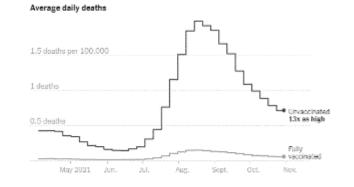
   Other
   Other\*
   0.0%
   0.0-0.0
- \* Enumerated lineages are US VOC and lineages circulating above 1% nationally in at least one week period. "Other" represents the aggregation of lineages which are circulating <1% nationally during all weeks displayed.
- \*\* These data include Nowcast estimates, which are modeled projections that may differ from weighted estimates generated at later dates
- # AY.1-AY.127 and their sublineages are aggregated with B.1.617.2. BA.1, BA.2 and BA.3 are aggregated with B.1.1.529.
- 1. EPIDEMIOLOGY
- 2. PREVENTION
- 3. TREATMENT

#### Many states did 800,000 cases not report data for the holiday 600,000 400,000 7-day average 200,000 Oct. Feb. 2020 Oct. Feb. 2021 Jun. Jun. Hospitalized Tests Deaths Feb. 2020 Feb. 2020 Jan. 2022 Feb. 2020 Jan. 2022 Jan. 2022 DAILY AVG. ON JAN. 18 14-DAY CHANGE TOTAL REPORTED Cases 756,752 +38% 67,705,330 Tests 2,505,068 +81% Hospitalized 156,894 +47% Deaths 1,889 +43% 853,740

### **Vaccinations**



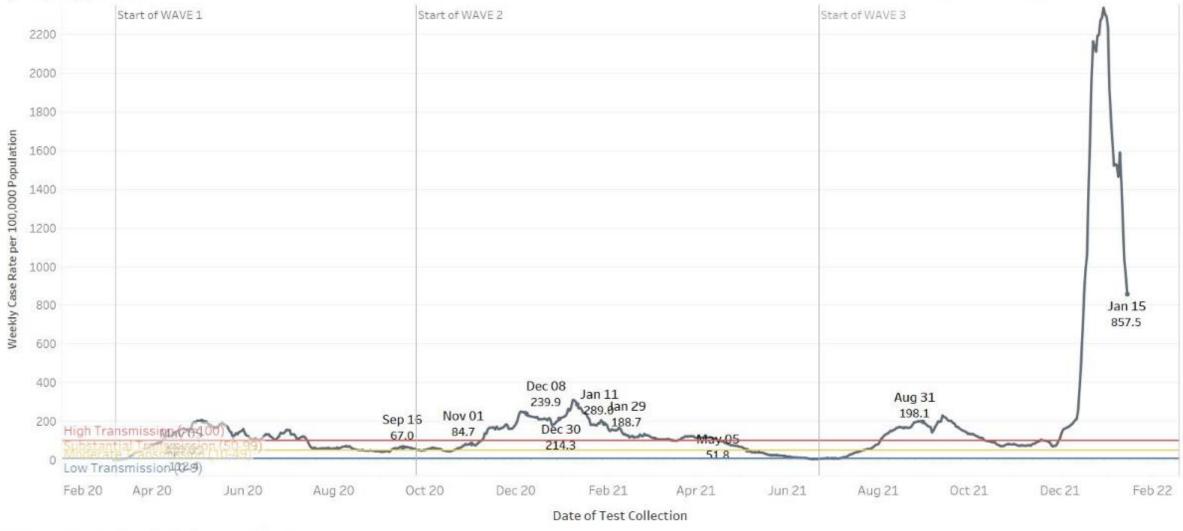






Weekly Case Rate: 857.5 per 100,000 population





Data Source: DC Health. Data subject to change on a daily basis

# New COVID-19 Resources in January 2022

#### **DISTRICT OF COLUMBIA**

- Free rapid tests @ DCPL and senior centers
- Launched COVID centers
  - PCR on-site testing, take-home antigen tests
  - Vaccines and boosters
  - Locations in Wards 1, 2, 7, 8 opened 1/18
  - Locations in Wards 3, 4, 5, 6, opening 1/24
  - https://coronavirus.dc.gov/covidcenters
- School testing: symptomatic, post-exposure, post-break, and random testing
- Vaccines required to access public & commercial indoor facilities starting 1/15 (<a href="https://coronavirus.dc.gov/vaxdc">https://coronavirus.dc.gov/vaxdc</a>)

#### **U.S. FEDERAL RESPONSE**

- CDC recommends vaccine booster doses
  - 5 months or more after mRNA vaccine dose #2
  - 2 months or more after J&J dose #1
  - https://www.cdc.gov/coronavirus/2019ncov/vaccines/booster-shot.html
- CDC updated general public isolation & quarantine guidelines. These are different from health care.
- CDC recommends N95 or similar for best protection (we already do this in healthcare!)
  - https://www.cdc.gov/coronavirus/2019ncov/prevent-getting-sick/types-of-masks.html
- Free rapid tests: <a href="https://www.covidtests.gov/">https://www.covidtests.gov/</a>





## **GW COVID-19 Resources**

- Protocols: <a href="https://smhs.gwu.edu/covid-19">https://smhs.gwu.edu/covid-19</a>
- Testing If symptomatic or referred by Occupational health:
  - GW MFA and Hospital employees: Lerner Center, 2nd Floor, 2301 G Street NW (until 1/31/2022)
  - GW University faculty, staff, and students (incl. housestaff): H and 20<sup>th</sup> St NW, via mychc.gwu.edu

#### Vaccination:

- GW MFA booster requirement was due 1/10/2022; vaccine clinic located at 949 23rd St., NW
- https://gwdocs.com/patients-visitors/covid-19-updates/covid-19-updates/vaccinations

#### • PPE:

- Obtain your N95 and eye protection from your clinic manager (MFA) or nursing desk (Hospital)
- GW campus now has N95 masks (not fit-tested) available

#### Library Resources:

- https://guides.himmelfarb.gwu.edu/covid-19
- https://guides.himmelfarb.gwu.edu/SituationReport









ts, MD Marc Siegel

## Treatment

#### **OUTPATIENTS**

- Patient info: <a href="https://gwdocs.org/patients-visitors/covid-19-updates">https://gwdocs.org/patients-visitors/covid-19-updates</a>
- **Testing**: IPC locations, DC Health resources, preprocedure, *ED if need treatment*
- Doctors can prescribe Paxlovid and molnupiravir; DC supplies limited
- GWUH ED has sotrovimab monoclonal antibody in limited supply. See <a href="https://combatcovid.hhs.gov/">https://combatcovid.hhs.gov/</a>
- ACTIV-6 Trial site, <a href="https://activ6study.org/">https://activ6study.org/</a>

#### **INPATIENTS**

- We follow NIH recommendations, https://www.covid19treatmentguidelines.nih.gov/
- For hospitalized patients needing oxygen: remdesivir, steroids
- For hospitalized patients with mild COVID, exacerbation of other conditions: can consider sotrovimab or early remdesivir
- Prevention:
  - For severely immunocompromised <u>inpatients</u> we have **Evusheld** mAb (tixagevimab/cilgavimab)
  - For all others please do not miss opportunities to get them **vaccinated** and **boosted**!