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Himmelfarb Health Sciences Library

9-2017

Himmelfarb Headlines - September/October 2017

George Washington University, Health Sciences Library

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Himmelfarb Headlines - September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Director's Desk

A warm welcome to all new students and faculty! Welcome back to all returning students and faculty! Everyone at Himmelfarb Library looks forward to seeing you and working with you this fall as you conduct research, complete systematic reviews, and simply look for study materials!

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One Place For All Your Faculty Resources!

New on campus? Or just wondering what the Himmelfarb Library can do to help you? The Himmelfarb staff have updated our [Faculty Resources Guide](#) to enable you to get help quickly and easily.

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Full-Text Interactive Resources: New @ Himmelfarb

[LWW Health Library](#), [Case Files Collection](#), and the [Visible Body Human Anatomy Atlas](#) are now available via Himmelfarb Health Sciences Library!

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[Newsletter Archives](#)

2017 E-Newsletters

[September / October 2017](#)

[May / June 2017](#)

[February / March 2017](#)

2016 E-Newsletters

[November / December 2016](#)

[September / October 2016](#)

[May / June 2016](#)

[February / March 2016](#)

2015 E-Newsletters

[November / December 2015](#)

[September / October 2015](#)

[May / June 2015](#)

[February / March 2015](#)

2014 E-Newsletters

[November / December 2014](#)

[September / October 2014](#)

Spotlight on Research: Promoting GW

Research Day



GW Research Days are an annual event providing an opportunity for students and faculty to share their research. This year, Himmelfarb Library launched a Research Day video series capturing students discussing their research.

→ [Continue Reading](#)

What's New at Himmelfarb Library



In the Bloedorn Technology Center (BTC) on the third floor, all Windows workstations were migrated to Windows 10 over the summer.

→ [Continue Reading](#)

Staff Spotlight - Introducing Susan Koenig, Evening Reference Specialist



Learn more about Himmelfarb Library staff members. In this issue we learn more about Susan Koenig, Evening Reference Specialist.

→ [Continue Reading](#)

Faculty Profile - Interview with Majeda El-Banna, Director, Nursing Advancement



Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Majeda El-Banna, Director, Nursing Advancement.

→ [Continue Reading](#)

Student Spotlight - Meet Elizabeth Kimball, a public health student



This feature lets us become better acquainted with the students that use the Himmelfarb library resources on a daily basis. Meet Elizabeth Kimball, a public health student.

→ [Continue Reading](#)

May / June 2014

February / March 2014

2013 E-Newsletters

November / December 2013

August / September 2013

May / June 2013

February / March 2013

2012 E-Newsletters

September / October 2012

May / June 2012

February / March 2012

2011 E-Newsletters

November / December 2011

September / October 2011

May / June 2011

February / March 2011

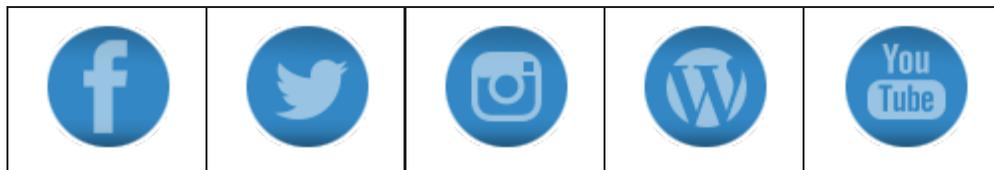
2010 E-Newsletters

November / December 2010

September / October 2010

Archived Newsletters
(Information Interface)

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Director's Desk - Welcome Address

A warm welcome to all new students and faculty! Welcome back to all returning students and faculty! Everyone at Himmelfarb Library looks forward to seeing you and working with you this fall as you conduct research, complete systematic reviews, and simply look for study materials!



It is the mission of the Himmelfarb Health Sciences Library to meet the information needs of the faculty, staff, and students in the George Washington University School of Medicine & Health Sciences, Milken Institute School of Public Health and School of Nursing's educational, research, and patient care programs.

In pursuit of that mission, Himmelfarb librarians and staff have been busy preparing for the upcoming year, updating research guides, renewing software licenses, and expanding access to electronic resources. Take a look at our list of [Research Guides](#) designed to help you select the best resources for your education, research and patient care. Use our resources on the go. Add an information app to your mobile device at our [App Shelf](#). Scan our roster of online tutorials on Adobe Acrobat X Pro, Camtasia, and BlackBoard Collaborate on our [Tutorials](#) page. Check out the many recent accomplishments of our faculty in the School of Medicine and Health Sciences, Milken Institute School of Public Health, and the School of Nursing in the [Health Sciences Research Commons](#), a repository of

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

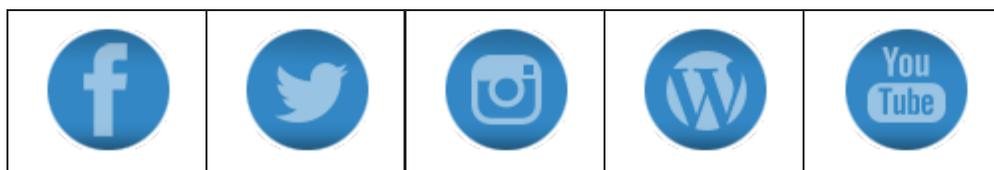
faculty papers and presentations. Review the posters presented by students in spring 2017 for [GW Research Days](#).

Encourage your students to [register](#) for a workshop to jumpstart their research projects. Contact your [departmental liaison](#) to learn about our [systematic review service](#), to ask for an in-class presentation on an information topic, or to explore how to measure scholarly impact.

The Library is open 24/7 for the fall semester, with the exception of Thanksgiving Day and the Friday after. The Library's Reference Desk is open 8:30am until 8:00pm, Monday through Thursday, 8:30am until 5:00pm Friday, and noon until 4:00pm Saturday. You can contact us in person or via e-mail, telephone or instant message. The Library's e-mail address is himmelfarb@gwu.edu. The telephone number for the reference desk is 202-994-2850. Send us an instant message by clicking on the "Ask Us" button on the home page. If you need to use software in the Library, click [here](#) for computer availability. If you want to reserve a study room for a group session, click [here](#) for study room reservations. While we love to see our patrons in person, please be advised that the Library's elevator will be receiving a much needed overhaul this fall and will be out of service from September through mid-November.

Best wishes for the fall 2017 semester!

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

One Place for all Your Faculty Resources

New on campus? Or just wondering what the Himmelfarb Library can do to help you? The Himmelfarb staff have updated our [Faculty Resources Guide](#) to enable you to get help quickly and easily.



On our guide you will find a wealth of [teaching resources](#) including information on active learning, putting items on reserve for courses, abiding by copyright law, and linking to our full-text journal articles and books.

If you are looking for a place to publish, trying to figure out the impact of your research, or how to create a data management plan, you will find information to guide you in the [Research and Writing section](#). The “Best Places to Start” box in both the Publish & Research and Writing tabs contains lots of good ideas.

Need to refresh your PubMed, RefWorks or Microsoft Office skills? Check out the web-based tutorials in the [Tutorials section](#).

If all else fails, call us! You’ll find all our contact info along with helpful phone numbers and links for GW IT, GW Hospital, placing room reservations, Human Resources, University Police, and many, many other GW departments and divisions on the [Who to Contact section](#).

Need help with something that’s not on the Faculty Resources

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

Guide? [Contact the Himmelfarb librarians](#) and we will do our best to find the answer (and then add it to the guide).

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Full-Text Interactive Resources: New @ Himmelfarb

[LWW Health Library](#) , [Case Files Collection](#), and the [Visible Body Human Anatomy Atlas](#) are now available via Himmelfarb Health Sciences Library!



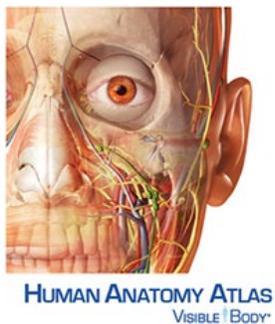
The [LWW Health Library](#) is an e-book collection which provides full-text access to multiple books that are highly used including [Bates' Guide to Physical Examination and History Taking](#), [Clinically Oriented Anatomy](#), [Histology: A Text and Atlas](#), [Langman's Medical Embryology](#), [Lippincott's Illustrated Reviews: Biochemistry](#) plus additional titles. Because the LWW Health Library is designed to support education, the full-text e-books are integrated with multimedia content, self-assessment materials, and case-based learning materials.

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)



Case Files Collection is a full-text e-book collection that provides complete access to McGraw-Hill's Case Files series including basic sciences, clinical rotation, and advanced clinical titles. Case Files Collection is designed to provide an interactive format to support learning and knowledge retention via realistic patient cases. Himmelfarb Library provides complete access to the Case Files Collection; users can opt to take advantage of additional features by creating a free account that tracks individual progress and allows bookmarking of content.



Visible Body Human Anatomy Atlas provides a new way to study and explore anatomy. This online anatomy atlas allows users to view specific structures and layers from head to toe, rotate anatomical models, select microanatomy of senses and tissues types, and explore origins and inserts, moving muscle actions, and detailed bony landmarks. The interactive atlas allows users to explore human anatomy via multiple approaches: systemic anatomy, regional anatomy, cross sections, senses, and muscle actions.

The LWW Health Library, Case Files Collection, and Visible Body Human Anatomy Atlas are all available to users from on- and off-campus locations. For Visible Body Human Anatomy, system requirements will display when you access the resource, and additional information is available via the [Support Troubleshooting FAQ](#). For app access, please consult the [Visible Body Human Anatomy Atlas app instructions](#).

Stay Connected:



Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Spotlight on Research: Promoting GW Research Day

GW Research Days are an annual event providing an opportunity for students and faculty to share their research. This year, Himmelfarb Library launched a Research Day video series capturing students discussing their research.



Collaborating with GW's Office of the Vice President for Research (OVPR), School of Medicine and Health Sciences, Milken Institute School of Public Health, and School of Nursing, we obtained permission to conduct 2-3 minute interviews asking participants to share their experiences. Each interviewee was given the following three prompts: (1) *briefly explain your research topic*, (2) *the main take-aways you would want people to know about your research*, and (3) *what you learned through your experience of conducting research and preparing for GW Research Days*.

The videos were edited and a total of 15 participants provided final approval for their videos to be shared publicly. The 2017 Research Day video series is posted on the library's website and social media platforms.

Here are a few highlights from student interviews:

"I got to work with the National Cancer Institute, so that was huge. I didn't know that being in the MPH program was going to give me that kind of

~ Stephanie Purnell/Milken Institute

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

opportunity..."

School of Public Health

"I've had really great mentorship at GW. I've enjoyed working alongside the attendings, the fellows, the residents -- it's been a really great atmosphere for me here." ~ Alex Sullivan/School of Medicine and Health Sciences

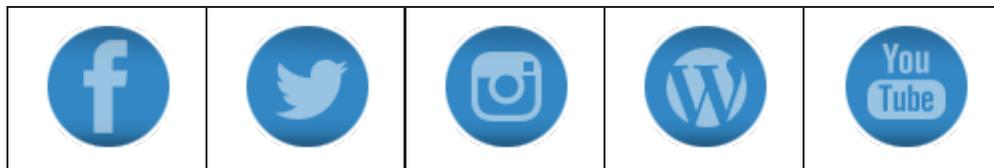
"... really important to GW is having this great collaborative environment and letting medical students work with residents and researchers who have been doing this for a very long time and letting them (students) start research early in their medical career." ~ Spencer Brodsky/School of Medicine and Health Sciences

"I have learned a lot about how to be a real professional scientist and ask those hard questions..." ~ Laura Venner /Milken Institute School of Public Health

"...I think it's great to see how nursing can really bridge into research. As new to the nursing field, I never really realized that was an option or what it entailed, so I thought that was a really great experience to have in my last semester." ~ Laura Hink/ School of Nursing (BSN)

Please go to Himmelfarb's Highlights of GW Research Day 2017 or go [GW Research Day 2017](#) to to view all 15 videos.

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

What's New at Himmelfarb

In the Bloedorn Technology Center (BTC) on the third floor, all Windows workstations were migrated to Windows 10 over the summer. All workstations now also have licenses to run SPSS, a statistics software package that was on a limited number of workstations previously. B103 workstations now have the complete Adobe Creative Cloud Suite. Select Creative cloud programs, including PhotoShop, were added to Bloedorn workstations.



Students and faculty can check the [availability of workstations](#) in the BTC from their home or other locations on campus with a new computer availability service. The web page reports the number of workstations available in each room of the BTC at any given time. Currently the service is only available from on campus or VPN-connected devices.

The following are select new titles available in our book collections:

Baker J, Baker R, Dworkin N. [Health Care Finance : Basic Tools For Nonfinancial Managers](#) [e-book]. Burlington, Massachusetts : Jones & Bartlett Learning, 2018.

Forrestal E, Cellucci L. [Ethics And Professionalism For Healthcare Managers](#) [e-book]. Chicago, Illinois : Health Administration Press (HAP) ; Arlington, Virginia : Association of University Programs in Health

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

Administration (AUPHA), 2015.

Gilbert D, Eliopoulos G, Chambers H, et al. [The Sanford Guide to Antimicrobial Therapy 2017](#) [e-book]. Perryville, VA: Antimicrobial Therapy, Inc., 2017.

Hanson G, Venturelli P, Fleckenstein A. [Drugs And Society](#) [e-book]. Burlington, MA : Jones & Bartlett Learning, 2018.

Venes D, Taber C. [Taber's Cyclopedic Medical Dictionary](#) [e-book]. Philadelphia : F. A .Davis Company, 2017.

Vitale B. [NCLEX-RN Notes : Core Review & Exam Prep](#) [e-book]. Philadelphia : F.A. Davis Company, 2017.

Wirfs M. [The PA's Complete Guide To Prescribing Drug Therapy 2018](#) [e-book]. New York : Springer Publishing Company, 2018.

Check out our [New Books](#) page to see all of the titles added to Himmelfarb's collections in the last two weeks!

A number of facilities projects are slated for the fall semester:

The Himmelfarb Library Elevator Replacement Project

will begin on September 11, 2017. The estimated completion date is November 29, 2017. There will be no elevator service in the Himmelfarb Library during this time frame. Library users can expect some construction noise 5-8am on the B2 level. If you are unable to use the stairs and will need access to upper or lower floors of Himmelfarb during this time period, please contact Facilities at (202) 994-2312.

The Ross Hall Air Handler Replacement Project will begin on September 19, 2017. The estimated completion date is May 11, 2018.

Temporary Air Handling units will be installed at the beginning of this project to provide tempered air to the areas affected by the construction during this time frame.

Weekly construction updates will be sent to the SMHS community once these projects begin. We will communicate them on Himmelfarb's blog and other social media sites.

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Staff Spotlight - Introducing Susan Koenig, Evening Reference Specialist

Learn more about Himmelfarb Library staff members. In this issue we learn more about Susan Koenig, Evening Reference Specialist.



Where are you from and what brought you to Himmelfarb Library?

I'm originally from Tucson, Arizona. I moved to DC four years ago to attend GW, and graduated two years ago with my Master's in English. I was subsequently hired as an adjunct professor in GW's University Writing program. I started looking for a part time job that would work with the schedule of my UW classes, and would give me a complementary skill set. During my search I came across the evening/weekend reference specialist position here at Himmelfarb, and the rest is history!

Tell us about your current position and what you do?

I am the evening/weekend reference specialist. If you contact Himmelfarb Reference via chat or phone Monday-Thursday after 4PM or Saturday from 12-4PM, that's me! I assist our patrons in accessing the library's resources, conducting research, properly formatting their papers, using their iPads, and pretty much anything else you could think of that falls under the umbrella of "reference." I also maintain the Consumer Health Resources LibGuide. I'm trying to add resources that would make it more helpful to non-medical students, so if you have any suggestions I'd love to hear them!

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

What about your job do you enjoy most?

I don't have much of a background in the health sciences, so I end up learning quite a bit while helping our patrons do research. And that knowledge spills over into my UW class as well. I've had students write about medical and public health issues for their final research paper, and it's great being able to understand a lot of the field-specific knowledge they're relying on.

What's been the biggest challenge?

Like I said above, I don't have much of a background in the health sciences. Sometimes patrons will use acronyms or terms that are clearly common to their field, but I have no idea what they're talking about! Luckily everyone is very understanding, and after a year I've (mostly) caught up.

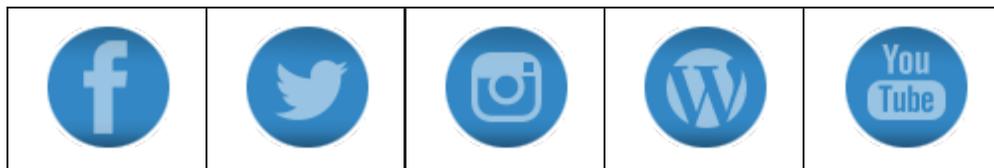
Working evenings and weekends you get a different perspective on life at Himmelfarb. Do you have any interesting or unusual stories about your time here?

Evenings are fairly quiet, but sometimes the weekends can get hectic! Usually that has more to do with non-GW activities, like protests on the Mall. One of the things I really enjoy about evenings and weekends is how many of our online students I get to know. Working at the brick-and-mortar university, we sometimes forget just how many people use Himmelfarb's resources.

What do you like to do in your time away from work?

I will admit I'm a bit of a homebody. I like curling up with a good book, finding a new television show to watch on Netflix, and cooking (especially Mexican food). But I'm also a big fan of hiking, and I enjoy taking advantage of all the perks DC has to offer. I frequent the museums, and DC has a surprisingly vibrant theatre scene. I'm a big fan of Woolly Mammoth. One of my favorite things to do is sit in Lafayette Square with a cup of tea and a new podcast. The people-watching across the street at the White House is top-notch!

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Faculty Profile - Interview with Majeda El-Banna, Director, Nursing Advancement

Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Majeda El-Banna, Director, Nursing Advancement.



Tell us a little bit about yourself and why you decided to pursue nursing?

I am an Assistant Professor and Director of Nursing Advancement (Registered Nurses to Bachelor of Science in Nursing/Master of Science in Nursing) Program at the GW School of Nursing. I received my Bachelor of Science in Nursing and Master of Science in Nursing with a focus on Medical-Surgical Nursing Education degree from the University of Jordan, and my PhD from the University of Nebraska Medical Center. My professional nursing experience includes practice in many roles of increasing leadership and responsibility including: registered nurse, clinical instructor, faculty, department head, school of nursing dean, and program director in three countries. I became interested in nursing to make a difference in people's lives and bring them hope. Additionally, I have a strong desire to help people and care for them in times of need.

What brought you to GW?

I came back to the US when my husband received a job offer in

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

Washington, DC. I was looking for a faculty position in the Virginia/Washington DC area. I found that the GW mission, vision, and values are aligned very well with my mission. In addition to that, GW and the School of Nursing are known for the high academic standards and ranked among the best nationally. When I started as an adjunct faculty member at GW, I recognized that GW is the best place to work.

What has been your biggest professional challenge?

The professional challenges I have faced in the last two decades were related to moving between three countries multiple times. Most of it has been enjoyable and a learning opportunity, but I felt that every time I moved, I was starting my career all over again. Moving also requires making new connections in the workplace, and in professional and volunteer organizations. It was challenging to focus on the new jobs while dealing with all of the logistics of the move, which sometimes took double the time to make it all work.

What has been your most memorable moment at GW?

My most memorable moment at GW occurred in May of this year, during the School of Nursing faculty and staff luncheon, when the dean announced that I received the School of Nursing Excellence in Graduate Teaching Award. I felt that all my hard work paid off.

What library resources or services have you found to be the most useful?

The librarians are extremely helpful, knowledgeable, and quick in replying to requests. I have consulted Ruth Bueter regarding journals and publications multiple times. Elaine Sullo has helped me to search for literature for a few research projects when it was difficult to find articles. In addition, I have had embedded librarians in my courses who played a vital role in guiding students to find resources to complete their assignments. Besides that, I can use many databases to search for literature, and get any article I need in a very short period of time or sometimes on the same day through interlibrary loan.

Whom do you admire?

My admiration goes towards my supportive and considerate mother. Her generosity still impresses me today; she always has plenty to give and I learned a lot from her such as integrity and perseverance. Without a doubt, I would not be where I am without her.

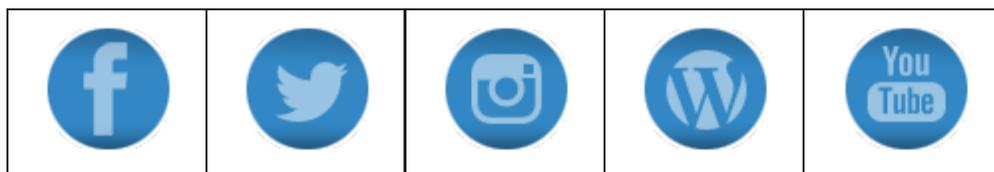
How do you spend your free time? (or What do you do to relax?)

I enjoy travelling, shopping, and watching TV. I pick up one of those activities based on how much free time I have. Incorporating any of these activities recharges me to have more energy to do my work.

What advice would you give to a new faculty member just starting at GW?

I would recommend that new faculty at GW start with the mindset that GW is the best place to work which offers vast opportunities. There are many learning opportunities by serving on committees at the school and university levels and attending teaching and research training workshops for faculty. A key to success is to know people not only in your school, but also to collaborate with faculty from other schools and the community.

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Himmelfarb Headlines -September / October 2017

[Home](#) [About](#) [Print Version](#) [Blog](#)

Student Spotlight - Meet Elizabeth Kimball, a public health student

This feature lets us become better acquainted with the students that use the Himmelfarb library resources on a daily basis. Meet Elizabeth Kimball, a public health student.



Tell us a little bit about yourself, your hometown and why you decided to pursue public health

I was 28 before I knew anything about the field of public health! And it was only because I was hired as a nutrition educator at Public Health - Seattle & King County. Even after working at the Public Health Department for over 13 years, I can still say that I don't know everything about the field. For example, just recently, I learned that the Environmental Health Division employs inspectors who perform inspections of pet stores to control and prevent zoonotic diseases. I learn new things every day!

With a degree in Biology from the University of Virginia, I considered going to medical school, but decided that I was more interested in preventing people from getting sick in the first place than treating disease. After undergraduate college, I worked in a health food store and had the pleasure of speaking with customers about the importance of eating a healthy diet and being physically active. Those conversations inspired me to become a nutrition educator and ultimately led me down a path to managing the Healthy Eating and Active Living Unit of

Inside this issue...

- « [Director's Desk - Welcome Address](#)
- « [One Place for Faculty Resources](#)
- « [Full-Text Interactive Resources @ Himmelfarb](#)
- « [Promoting GW Research Day](#)
- « [What's New at Himmelfarb Library](#)
- « [Staff Spotlight - Susan Koenig, Evening Reference Specialist](#)
- « [Faculty Spotlight - Majeda El-Banna, Director, Nursing Advancement](#)
- « [Student Spotlight - Meet Elizabeth Kimball, a public health student](#)

Public Health - Seattle & King County. I love my job. Through policy, systems and environmental change, I facilitate opportunities for populations disproportionately impacted by the burdens of disease to build healthier communities for themselves. My team leads a variety of projects that impact vulnerable populations in a profoundly positive way. For example, we are working on a project with the King County Somali-American Grocers Association to increase access and appeal of fresh fruits and vegetables in their small ethnic stores. This year, four stores have implemented the Fresh Bucks incentive program where customers can double their SNAP benefits for fruits and vegetables. The stores are in the process of installing grab-and-go style refrigerators to display fresh produce and attractive interior and exterior signs to market the new healthy offerings.

In 2014, after working at the Public Health Department for 10 years, I needed to mix things up a bit and decided that it was time to go back to school. I started the MPH@GW program in the fall of 2014 and I can honestly say that the last three years have been some of the most fulling years of my life.

What brought you to GW?

I grew up in Fall Church, Virginia, so George Washington University was no stranger to me. When I was searching for a graduate school in Public Health, I looked for a program that was reputable and flexible. I compared graduate school programs offered across the country. Some of the variables I compared were the number of credits needed to graduate, cost, on-campus requirements, course offerings and minimum credit hours per quarter. Needless to say, the MPH@GW program rose to the top of the list. The MPH@GW program was the most flexible as students need to complete 45 credits within 4 years without ever having to travel to D.C. As many students in the online program do, I am taking classes while working full time and raising a family. Program flexibility and minimal travel were paramount in considering where to go to school. I'm nearing my last quarter of school and I'm incredibly grateful for having found a program where I can still have time to work and be a mom.

Are there any special/memorable research or special projects you have participated in while at GW?

The most memorable research project while in the MPH@GW program is the first paper I wrote for the 6001 Biological Basis of Disease in Public Health in 2014. I graduated from college in 1997, which meant that the last research paper I wrote was 17 years prior! Back then, the internet was still new. In order to do research for a paper, I would go to the library, search the Medline database, find the actual journal in the library stacks and make photocopies of journal articles to do my research.

When I learned that I would need to write a paper and do research using the internet, I was terrified. I didn't even know where to start. I completely forgot how to do citations or reference lists. I forgot the difference between primary and secondary sources. After taking a deep breath, I oriented myself to the Himmelfarb databases. I installed RefWorks on my computer and made my way through the tutorials. And guess what? I submitted my paper and then took a sigh of relief when I earned an A!

What's been the most unexpected, surprising or challenging experience as a GW student?

I've been pleasantly surprised by the students and professors in the MPH@GW program. I suspected that the online program would attract people from all over the world and I was right. But, I'm always surprised when on the first day of class people share that they are joining from places like Africa or the Middle East. I feel honored to be in a class full of incredibly bright and experienced students from all walks of life. In almost every class, there is at least one doctor, nurse, pharmacist, lawyer, public health service corps member or veteran. The professors are equally accomplished and provide a high-quality learning experience.

As you reflect on your time at GW, can you share a favorite Himmelfarb Library memory or experience you found to be the most useful?

As an online student, I have never actually seen the Himmelfarb Library! My experience has been limited to the library website and the "Ask a Librarian" feature. Recently, I had the pleasure of working with Gisela Butera on learning how to perform a systematic literature review. Gisela invited me to a WebEx meeting, which allowed us to share our computer screens with each other. Watching Gisela show me the steps of inputting search terms into SCOPUS was very helpful in getting me started on my Culminating Experience. She provided tips and tools that will make the systematic review process so much easier. Thank you, Gisela!

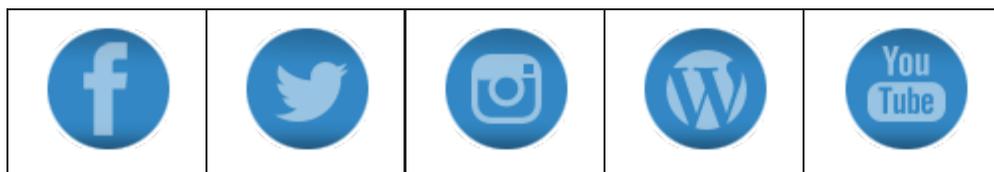
What are your future plans after GW?

After I graduate in December 2017, I have a feeling that I will feel a bit lost with all the extra time I have on my hands. I suspect that I will spend the first month after graduation addressing the housework that I've neglected for the past three years while being in school. But more importantly, the MPH@GW program has made me feel more competent and confident as a public health practitioner. With my new knowledge and skills, I will bring what I've learned to my position at Public Health - Seattle & King County to share with others. I also hope to one day attend the American Public Health Association conference as a presenter.

When you are not studying - What are your hobbies, interests or special things you like to do during your down-time?

When I'm not studying, I'm usually cheering for my daughters as they compete in swimming and soccer competitions. I also seem to spend a considerable amount of time doting on my adorable cat, Quinn, and dog, Charlie. And believe it or not, I do find time for myself sometimes. I like to go on long walks through the forest near my house or workout while listening to loud dance music.

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