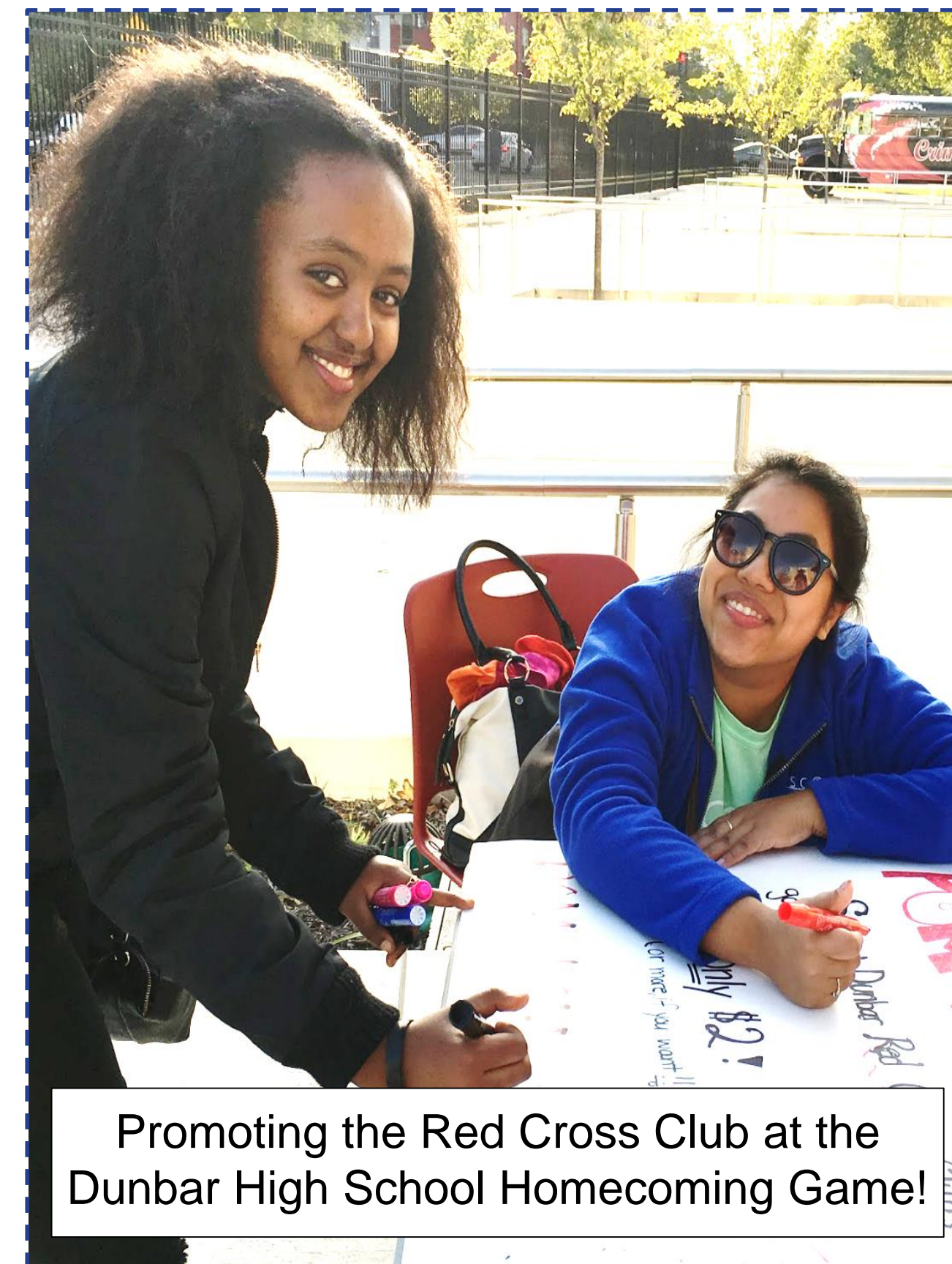


Who We Are

- We are the ISCOPE S Healthy Teen Scholars “HTS” Learning Community
- We serve students at Dunbar High School, the first black public high school in the nation
- We operate as the Red Cross Club (RCC) and we meet with the students once per week
- At meetings, we discuss topics relevant to adolescent health as well as topics the students suggest



Promoting the Red Cross Club at the Dunbar High School Homecoming Game!

Context

- Many adolescents in D.C. are from an underserved community
- The RCC not only provides information, it empowers students to make informed and healthy choices
- The RCC also provides mentorship and college information → increasing students’ awareness of opportunities



Red Cross Club Session on Sugar Intake and Healthy Drink Choices

Our Impact

- Through informal feedback in post-activity discussions, we were able to capture students’ learning and interests for future topics
- Students were able to expand their experiences by attending community service events outside of school
- Meaningful connections between team members and students were established
- Leadership development opportunities were provided for students selected for Red Cross Club leadership positions

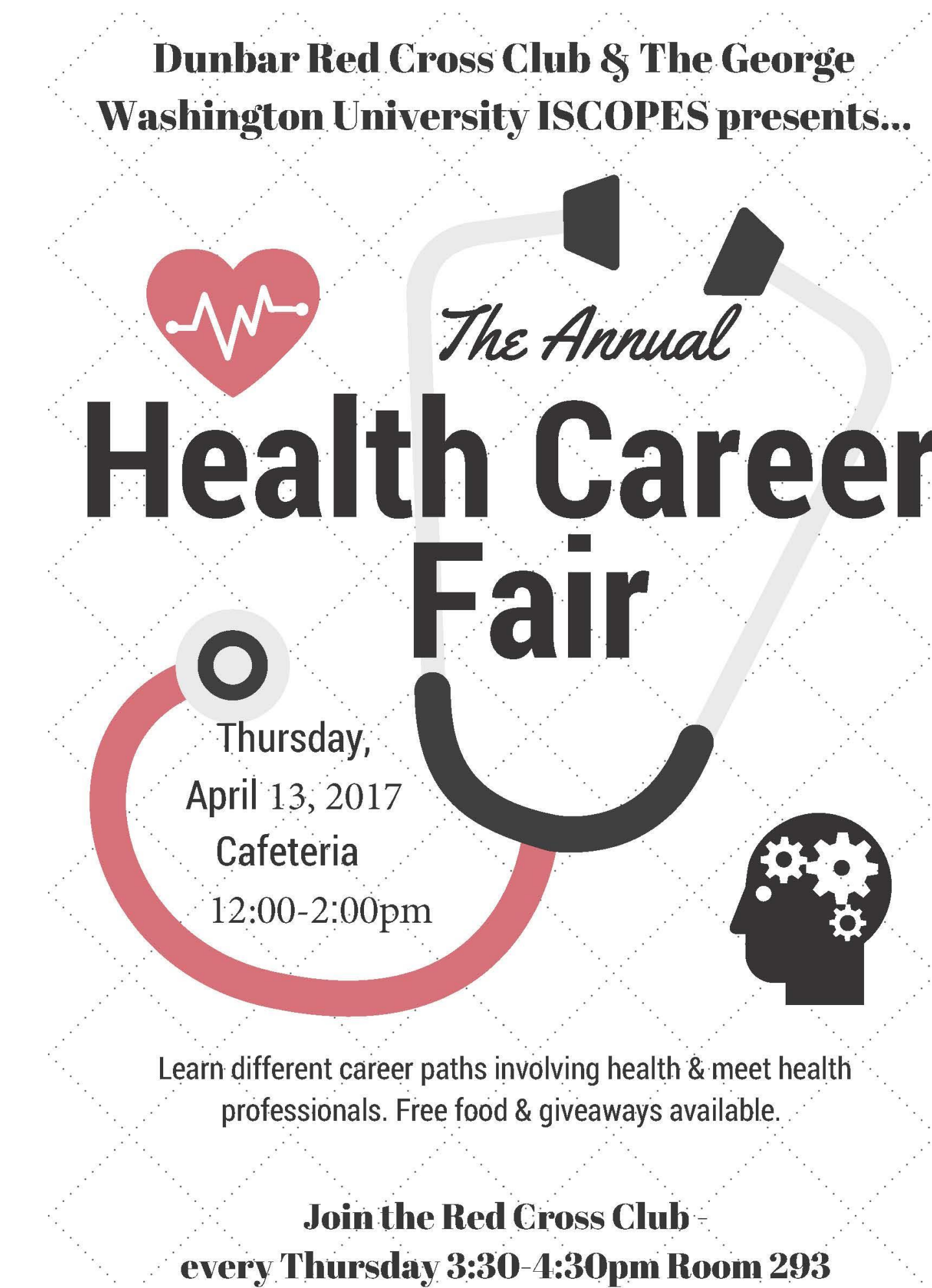


Students enjoy the healthy snacks we provide at every meeting.

Project Example: Dunbar High School Health Careers Fair

Background

- Purpose: To provide an opportunity for students to **connect** with professionals
- Participants: More than **20 health professionals** and **100 high school students**
- Partners: **Local vendors** donate food to incentivize student participation
- Features: **Interactive models, activities, and prizes** for students to participate in
- Collaboratively planned with every team member playing an active role



Recommendations for Site Visits

- Recruit the students early in the semester
- Be mindful of school holidays and early dismissals
- Consider student schedules and conflicting extracurricular activities when picking your weekly site visit day
- Recall that snacks cannot be purchased with instructional supply budgeted funds
- Implement monthly community service events
- Check-in with students about their needs
- Give them responsibilities to develop their leadership skills

Recommendations for Team Development

- Have bonding event(s) early on in the semester
- Attend Large Group Trainings as a team
- Plan cue-to-cues in the beginning of the semester(s)
- Have an agenda during team meetings
- Be flexible with meeting types (in person vs. online)
- Communicate openly and respectfully
- Ask for help

Lessons Learned

- From each other: How to become a cohesive team
- From our students: The importance of knowing the population you are working with and the value of mentorship
- It is helpful to foster reflective discussions to engage each team member
- It is beneficial to identify strengths and assign tasks based on those strengths
- In the future, the knowledge and skills we have gained from ISCOPE S will aid us in being successful team members

Community Service with Red Cross Club: Eating with the Unhoused & Walk to End HIV



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