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Information Interface - Volume 32, Issue 3 - August/September 2004

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Himmelfarb Health Sciences Library



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Office of Educational Resources
 School of Medicine and Health Care Sciences
 School of Public Health and Health Services

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Director's Desk - Welcome Address

On behalf of the entire Himmelfarb Library staff, I would like to extend a warm welcome to all new Medical Center faculty, staff, and students. I would also like to extend greetings to all returning faculty and students on the start of a new academic year.

Last year was one of the busiest Himmelfarb has ever experienced. Librarians taught more classes/orientations than ever before. We opened a new computer classroom. More students entered the Library than in previous years to borrow books, attend seminars, and study. Faculty, staff, and students utilized our electronic resources from their desktops and off-site locations at rapidly increasing rates.

We look forward to another busy year in AY04/05. Plans are underway to expand wireless network access throughout the entire Library. The Library has subscribed to the images.MD database as a resource for educational presentations. Additional workstations have been installed on the third floor.

As activities for the upcoming year gear up, we ask patrons to remember a few rules that smooth the inevitable rough edges of a busy, multipurpose building. Please observe the [Library's food and drink policy](#) as outlined. Please hold conversations to a minimum in the study areas of the second and third floors. These spaces are designated as quiet study areas. Please be especially mindful of cell phone rings and extended conversations. Answer your phone on the first ring or set it to mute. Step outside of the Library to take an extended call. Remember that the Library is often very crowded and many others can hear your private conversations!

The Library staff looks forward to meeting your information needs in the upcoming months. We also welcome your input! You may contact me at 202-994-1826 or mlbaml@gwumc.edu. The Library's e-mail address is himmelfarb@gwu.edu. The telephone number for the reference desk is 202-994-2850.

Best wishes for a successful year!
 Anne Linton, Director, Library Services



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Himmelfarb Library Food and Drink Policy

The following restrictions apply to food and drink within Himmelfarb Health Sciences Library:

NO FOOD OR DRINKS allowed near any equipment or computer workstations.

Off-limit areas include:

- > All Bloedorn AV Study Center, computer labs
- > 1st and 3rd floor computer stations
- > B103 Classroom

NO EXCEPTIONS--this policy will be enforced with zero tolerance.

DRINKS must be in one of the following container types:

- > Mugs with a screw-on or snap-on top
- > Bottles with a pop-up closure (sports bottles) or screw-on cap (soda bottles)

No open bottles or other containers of any type for drinks

FOOD is only allowed in **modest** quantities (such as sandwiches, fruit or snacks).

NO FOOD DELIVERIES in the Library

CLEAN UP and dispose of trash properly.

No food evidence or empty containers left on the table, please!

REMEMBER: If you must eat while at Himmelfarb, the best spot is the 1st Floor Lounge.

**Thank you for your compliance.
Please be prepared for Library Staff to enforce this policy.**



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Himmelfarb Library Welcomes New Staff

Cindy Swope

I've been a librarian for over 25 years and have worked in academic, corporate and school libraries. If any one had told me early in my career that I would like working with serials, I would have thought they were crazy, but after spending a large amount of my time managing 1200 titles during my five years at Thomson Consumer Electronics in Indianapolis, I became enamored with them. The advent of electronic access has made serials a much more dynamic source of information and presents daily challenges.

My husband, daughter and I moved to Reston last September when my husband accepted a position at AOL. I also have two sons at college in Chicago and Toronto. I like to garden, read, and travel.



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Himmelfarb Library's Circulation Services and Policies

The Circulation Department at the Himmelfarb Library is responsible for the circulation of monograph, journal and reserve materials. In addition, the Department offers a photocopy service for materials held at the Himmelfarb Library and maintains the self-service copiers on the 1st floor. These copiers are functional with GWorld personal or departmental cards at the rate of \$0.07 per copy. Problems with GWorld cards should be reported to the GWorld office in the Marvin Center, Suite 501 or at 202-994-1795. Audiovisual materials may be borrowed at the AV Study Center located on the 3rd floor of the Himmelfarb Library.

Faculty, staff and students of The George Washington University may borrow materials. Your George Washington University ID serves as a library card once you register at the Circulation desk. Currently, monographs are loaned for 3 weeks while reserve material and the current 5 years of journals circulate for 3 hours. MonoApril 16, 2007 as long as there is not a hold on that item and your record is in good standing (call 202-994-2962). Patrons can also renew books online at the Library's website in the "Renew Items" section. Journals and reserve materials cannot be renewed. Overdue fines are \$0.25 per day for monographs and \$1.00 per hour for current journals and reserve material. For journals older than 5 years and monographic series, the fine is \$1.00 per day. The maximum fine for an item is \$25.00.

The Circulation Department is also charged with enforcing Himmelfarb Library's Access Policy. The Library's primary mission is to serve the faculty, staff and students of The George Washington University Medical Center. Due to limited space and study facilities, GW University library staff and students not affiliated with the Medical Center may not use the Library after 6 pm on weekdays or on weekends. Please be prepared to show your GWU ID when entering the library after 2:00 pm on weekdays and on weekends.



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The Reference Desk is your Link to Information

The Reference Desk provides an array of services to the students, staff, and faculty of GWUMC. These include: individual one-on-one instruction on using informational resources, such as electronic journals, textbooks or databases and group instruction on a variety of topics, such as searching MEDLINE and other biomedical databases, using EBM resources, accessing electronic journals and textbooks; and using various computer applications. We can also offer suggestions on locating the best sources for information. The reference librarians regularly provide curriculum support for various academic programs within the Medical Center. The reference staff offers personal consultation services to assist students with research projects and papers at no charge. Online Search Services can be provided to staff and faculty for a small fee by completing the brief electronic form. For resources not available at Himmelfarb, the librarians will assist users in finding other library resources. Whatever your information needs are, we will try to assist you in finding the best resources available.

The Reference Desk is staffed:

Monday-Thursday	8:30 AM - 8:00 PM
Friday	8:30 AM - 5:00 PM
Saturday	12:00 Noon - 4:00 PM

The telephone number for the reference desk is 202-994-2850. GWUMC users may also request services through library e-mail at himmelfarb@gwu.edu, which will be answered on the next business day.



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The Bloedorn AV Study Center, Microcomputer Lab, the Women's Board Teaching Center

The Bloedorn Audiovisual Study Center (BAVSC) is located on the third floor of Himmelfarb Library for the use of Medical Center residents, staff, faculty, and students. A valid GWorld ID card is required for all loan transactions.

The BAVSC contains more than 1500 videotapes, slide/tape programs, and audio CD's in the basic sciences and clinical medicine. Audio Digest Journals are also available on cassette. A variety of anatomical models are available for use in the Study Center. The BAVSC also provides study rooms and carrels equipped with PC's, slide projectors, and/or videotape players.

The Microcomputer Lab and the Women's Board Teaching Center are located in the AV Study Center and are for use by residents, staff, faculty, and students of the Medical Center. The Labs contain IBM-compatible PC's. Programs available for use include the Microsoft Office Suite and an extensive collection of Computer-Assisted Instruction (CAI). Software is loaded on our Local Area Network (LAN). Microcomputer hardware and software do not circulate. Orientations to the Microlab are available; no registration is necessary. For further information, call 202-994-2856.



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Classroom & Teleconferencing Services

Classroom and Teleconferencing Services coordinates room scheduling, equipment set-up/loan and videoconferencing. A full-time technician and a part-time evening technician provide audiovisual assistance for classes, videoconferences, and special events throughout Ross Hall and the Hospital 6th floor conference and classrooms. Service is provided weekdays between 7:30am and 8:00pm. Arrangements for weekend assistance and equipment must be made in advance. At least 48 hours notice is required to ensure technician and equipment availability. A variety of equipment is available for loan and must be picked up and returned to the Bloedorn Audiovisual Study Center Circulation Desk, third floor, Himmelfarb Library. A valid GWorld ID card is required for all equipment loan transactions. Audio and video duplication services are provided for a fee. Classroom and Teleconferencing Services is located in the Bloedorn Audiovisual Study Center, third floor, Himmelfarb Library. For more information go here: <http://inside.gwumc.edu/classroomsvs>, or e-mail classrooms@gwumc.edu, or call 202-994-2856.



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Biomedical Communications Spotlight

Biomedical Communications at The George Washington University Medical Center is a full service photography, duplication, and graphic design department. As a GW Student, you are entitled to the wide variety of affordable, high quality services available at Biomedical Communications.

Have your film or digital images processed in just a few days! We offer fast, reliable, high quality film and digital image processing at a competitive price. We have a convenient drop box located just off the elevators on the 3rd floor of Ross Hall. Follow the simple instructions posted on the box, drop your envelope into the slot, and wait for us to call you when your work is ready for pick up.

Other services that might be of interest to you include instant passport, INS, and application photos, business card design and printing, and same day E6 film processing. We also sell single use cameras, with flash, for \$5.99. We design, layout, and print poster presentations. We offer document printing and binding and produce high-resolution color copies.

***New this fall!** Large format, in-house poster printing!! It's convenient, fast, and affordable! Design your own or have us do it for you! If you design your own, please visit our website, www.gwumc.edu/biomed, for helpful tips. Once your poster is created, email it to photo@gwumc.edu or burn it to a CD and drop it off in Ross 310.



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Himmelfarb's Annual Booksale!

On August 26th and 27th, the Himmelfarb Annual Booksale will be held in the Levine Lounge. The booksale presents a great opportunity for faculty, staff and students to acquire useful medical, health and allied sciences, public health and health services textbooks for their personal collections.

On Thursday, August 26th, books will be full price. All single books are priced from \$1.00 to \$10.00. Sets range up to \$20.00. On Friday, August 27th, all titles will be free; but, do you want to take a chance that your choice will be scooped up by someone else?



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Microscopes Going Digital

Beginning this fall, students enrolled in Anatomy and Pathology classes will no longer need to rent microscopes to view images on glass slides. Instead, the Anatomy and Pathology faculty have selected images from their collections that have been digitized using state of the art equipment. Students will be able to view the histologic and pathologic images at multiple magnifications, scroll around an image to locate interesting features, and use a focus feature to manipulate the focus for thick tissue samples. The image collections will be web-based and provide access at any hour from any computer connected to the Internet. Due to the size of the image files, viewing will be easiest using a high speed Internet connection.



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Himmelfarb Library Liaisons and Departments

Liaison and Department	Email Address
Laura Abate > Microbiology & Tropical Medicine	mlblea@gwumc.edu
Richard Billingsley > Health Sciences Programs	mlbrab@gwumc.edu
Betsy Gardiner > Prevention & Community Health	mlbesg@gwumc.edu
Alexandra Gomes > Anatomy > Health Policy	mlbawg@gwumc.edu
Anne Linton > Health Services Management & Leadership	mlbaml@gwumc.edu
Kathe Obrig > Global Health > Pharmacology & Physiology	mlbkso@gwumc.edu
Leah Pellegrino > Epidemiology & Biostatistics	mlblcp@gwumc.edu
Cynthia Swope > Environmental & Occupational	mlbcds@gwumc.edu

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Health	
Patricia Wilson > Biochemistry > Exercise Science	mlbphw@gwumc.edu



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Himmelfarb Health Sciences Library | The George Washington University
2300 Eye St., NW, Washington, DC 20037 | Phone: (202) 994-2850 | Fax: (202) 994-4343



Savvy Searcher

Overview of Database Resources

When you need medical information, you probably instinctively head for a computer and access the Himmelfarb Library homepage (<http://www.gwumc.edu/library>). From there, you may go a bit farther and access the Databases/MEDLINE page using the menu on the left-hand side of the screen. At that point though, confusion can set in:

- Which database should I use?
- How do I search it?
- What will the results look like?

If you have any questions about searching or finding information, you should talk to librarians at the Reference Desk. They are familiar with the databases available, search strategies, and methods for narrowing your search to the most relevant information. Plus, they are eager to help you! If you're not in the Library, you can also call in (202-994-2850) or send e-mail (library@gwumc.edu). The Reference Desk is staffed from 8:30 a.m. to 8 p.m. Monday through Thursday and from 8:30 a.m. to 5 p.m. on Fridays. Saturday hours are 12 p.m. to 4 p.m.

Himmelfarb Library also offers one-hour classes to teach GWU Medical Center faculty, staff and students to use information resources. Many classes are free. Some require registration fees from Hospital and MFA staff. Check the Library homepage for Tutorials & Instruction, or go straight to the Library homepage for the Continuing Education Course Schedule.

[Search Skills: Apply Your Savvy](#)

As you look at the databases offered, you'll realize that a lot of them function in the same way. You can search a number of databases using the Ovid search system. Once you've used this search interface on one database, you'll have the tools in hand to search other Ovid databases. Himmelfarb Library offers the following databases through Ovid: MEDLINE, AMED, CINAHL, Health and Psychosocial Instruments (HAPI), PsycINFO, SPORTDiscus, EBM Reviews: Cochrane Database of Systematic Reviews, EBM Reviews: ACP Journal Club, EBM Reviews: Database of Abstracts of Reviews of Effectiveness, and EBM Reviews: Cochrane Controlled Trials Register.

While not all databases are available through the Ovid interface, you can transfer some of the search savvy that you acquired from Ovid searching to other interfaces. You can check these database systems for the mapping features and controlled vocabulary that you used in Ovid or similar tools like thesauri and indexes. You can also look at other databases with an eye toward narrowing your searching to recent years, to human research, and to English-language publications. Non-Ovid databases include eMedicine, African HealthLine, MDConsult, Natural Medicines, and Web of Science.

In the past, database searching referred almost exclusively to indexes of journal articles and other types of periodical publications. In recent years however, many reference books have become available in an electronic format. While journal articles tend to describe recent research and study results, reference books can provide overviews of topics. When you need a definition or general description, reference books can provide immediate and full-text access to information. MDConsult and Books@Ovid are linked on the E-Texts page and both provide access to a number of full-text reference books.

In addition to journal articles and textbooks, some databases provide full-text information that has never been previously published in either format. FirstConsult offers clinical information in a format designed for quick look-up and reference. EMedicine offers full-text, peer-reviewed, continuously updated articles describing a wide range of diseases and conditions. Natural Medicines provides full-text, high quality information on herbs, vitamins, food supplements and other types of alternative medicines.

Search Results: Full-Text and Abstracts

Although some indexes are beginning to offer full-text articles and other publications, many extremely useful indexes still offer only citations and abstracts. This means that when you examine your search results, you'll examine summaries and descriptions of journal articles rather than the complete journal article. While you may prefer full-text databases, remember that a lot of useful information can be found in the abstract of an article and valuable information may *not* be available full-text online.

When searching an index, use abstracts to your advantage. By reading an article summary, you may acquire enough information to know if the complete article contains the information that you need or if you need to keep looking. In this way, abstracts can save you time by helping you eliminate irrelevant or off-target articles and allowing you to focus on articles that have the information that you need.

You should select a database based on the **type of information** that you need: recent studies are available in journal articles versus summary information which is offered by reference books. MEDLINE is the most comprehensive medical database in existence and is frequently a good place to start for journal articles. MDConsult and Books@Ovid both offer searchable collections of full-text reference books.

After considering the type of information, focus on the **content** coverage of the databases available to select the one that best meets your search needs. MEDLINE is the premier biomedical database in the world; CINAHL covers the nursing and allied health literature; SportDISCUS provides access to sports and sports medicine literature; and PsycINFO details psychologic and psychiatric information.

Finally, you should consider the **format** of the information resources available. You will need to decide between abstracted and full-text information sources, depending on the scope of your search and the time available.

Database Selection: Keep it Relevant

The following annotated list of databases should give you an idea of the breadth and format of information available.

[African HealthLine](#) - Collection of bibliographic databases on African health issues provides access to African Index Medicus, CAB Health Database (African subset), Healthlink Worldwide, Medicines Information Centre Reference Database of the University of Cape Town, Community Health Information Database, SAMED, AIDS Consortium Resource Centre Database, MEDLINE (African health subset), Index to South African Periodicals (African health subset), South African Index to Theses and Dissertations (African health subset), Bibliography of Filariasis, African Laboratory for Natural Products Database, and Waterlit. Coverage: 1966 and earlier - Present.

[AMED](#) (Allied and Complementary Medicine) (Ovid) - covers fields allied to medicine and complementary medicine, physiotherapy, occupational therapy, rehabilitation, podiatry, and palliative care. Coverage: 1985 - Present. Produced by the Health Care Information Service of the British Library.

[CINAHL](#) (Ovid) - the Cumulative Index to Nursing & Allied Health database provides authoritative coverage of the literature related to nursing and allied health. Coverage: 1982 - Present.

[Clinical Evidence](#) (Ovid) - "Clinical Evidence is a continuously updated international source of evidence on the effects of clinical interventions. Clinical Evidence summarizes the current state of knowledge and uncertainty about the prevention and treatment of clinical conditions, based on thorough searches and appraisal of the literature. It is not a textbook of medicine nor a set of guidelines. It describes the best available evidence and if there is no good evidence it says so." Produced by the BMJ Publishing Group.

[EBM Reviews: ACP Journal Club, Cochrane Database, and DARE](#) (Ovid) - This multifile database allows you to search simultaneously the Evidence Based Medicine Reviews databases: ACP Journal Club (ACP), Cochrane Database of Systematic Reviews (COCH), and Database of Abstracts of Reviews of Effectiveness (DARE). Term Mapping is not available in Multifile databases.

[EBM Reviews: ACP Journal Club](#) (Ovid) - collection consists of two journals: ACP Journal Club, a publication of the American College of Physicians, and Evidence-Based Medicine, a joint publication with the British Medical Group. Coverage: 1991 - Present.

[EBM Reviews: Cochrane Controlled Trials Register](#) (Ovid) - CCTR contains over 300,000 bibliographic references to controlled trials in health care. Produced by the Cochrane Collaboration along with the National Library of Medicine (U.S.) and Reed Elsevier (The Netherlands).

[EBM Reviews: Cochrane Database of Systematic Reviews](#) (Ovid) - full text of the regularly updated systematic reviews of the effects of healthcare prepared by The Cochrane Collaboration. Coverage: Current. Produced by the Cochrane Collaboration.

[EBM Reviews: Database of Abstracts of Reviews of Effectiveness](#) (Ovid) - a full-text database containing critical assessments and structured abstracts of systematic reviews from medical journals from around the world. It covers topics such as diagnosis, prevention, rehabilitation, screening, and treatment. Produced by the National Health Services' Center for Reviews and Dissemination (NHS CRD) at the University of York, England.

[eMedicine](#) - Knowledge-based information system that provides access to peer-reviewed, continuously updated medical reference articles, PDA downloadable textbooks, and an image library. Also provides personalized education system and CME, CE, and OCEU.

[FirstConsult](#) - Evidence-based clinical information tool with information on differential diagnoses, medical conditions, procedures, and patient education. FirstConsult is updated weekly and draws heavily on the National Guideline Clearinghouse, Cochrane systematic reviews, and Clinical Evidence as information sources.

[Haz-Map](#) - is an occupational toxicology database designed to link jobs to hazardous job tasks which are linked to occupational diseases and their symptoms. It is a relational database of chemicals, jobs and diseases. Coverage: Current. Produced by the Specialized Information Services of the National Library of Medicine.

[Health and Psychosocial Instruments](#) (HAPI) - Access to information on measurement instruments (questionnaires, index measures, rating scales, tests, etc.) in the health fields, psychosocial sciences, and organizational behavior field. Coverage: 1985 - Present.

[LILACS](#) - Covers Latin American and Caribbean health sciences literature. Indexes articles from 670 + medical journals and also includes : theses, thesis chapters, books, book chapters, congress and conference proceedings, technical and scientific reports, and government publications. Coverage: 1982 - Present. Produced by BIREME, a PAHO Specialized Center.

[MDConsult](#) - Clinical knowledge system provides access to electronic textbooks, practice guidelines, drug information, journal search, news, and patient education materials with emphasis on full-text materials. Individual login and password required-inquire at Reference Desk.

[MedCarib](#) - Covers health sciences literature from English speaking Caribbean countries. Includes books, book chapters, theses, technical reports, congress and conference proceedings, and journal articles. Coverage: 19th century - Present. Produced by Caribbean Net.

[MEDLINE](#) (Ovid) - encompasses information from Index Medicus, Index to Dental Literature, and International Nursing, as well as other sources of coverage in the areas of allied health, biological and physical sciences, humanities and information science as they relate to medicine and health care, communication disorders, population biology, and reproductive biology. Coverage: 1966 - Present. Produced by the U.S. National Library of Medicine.

[MEDLINEplus](#) - access through web links to extensive information about specific diseases and conditions, consumer health information from the National Institutes of Health, clearinghouses, dictionaries, lists of hospitals and physicians, health information in Spanish and other languages, interactive health tutorials, and clinical trials. Coverage: current. Produced by the U.S. National Library of Medicine.

[Natural Medicines](#) - Information on natural medicines including alternate and scientific names, uses, safety, efficacy, mechanism of action, active ingredients, adverse reactions, interactions, drug influence on nutrient levels and depletion, dosage and administration, brand names, and patient education handouts.

[OSH-ROM](#) (Silver Platter) - Occupation Safety and Health - bibliographic databases pertaining to occupational health and safety, and environmental medicine. Coverage varies by database. Produced by SilverPlatter's Health and Safety Publishing group.

[PDQ](#) - contains peer-reviewed summaries on cancer treatment, screening, prevention, genetics, and supportive care; a registry of approximately 1,800 open and 10,300 closed cancer clinical trials from around the world; and directories of physicians, professionals who provide genetics services, and organizations that provide cancer care. Coverage: current. Produced by the National Cancer Institute.

[POPLINE](#) - international coverage of population, family planning, and related health issues. Coverage: 1970 - Present (some sources date from 1827). Produced by the Population Information Program, Center for Communication Programs, Johns Hopkins University.

[PsycINFO](#) (Ovid) - professional and academic literature in psychology and related disciplines including medicine, psychiatry, nursing, sociology, education, pharmacology, physiology, linguistics, and other areas. Coverage: 1887 - Present. Produced by the American Psychological Association.

[PubMed](#) - free access to Medline. Coverage: 1966 - present. Provided by the National Library of Medicine.

[RehabData](#) - is the leading literature database on disability and rehabilitation. The main file describes over 12,000 documents covering physical, mental, and psychiatric disabilities, independent living, vocational rehabilitation, special education, assistive technology, law, employment, and other issues as they relate to people with disabilities. The types of documents described in REHABDATA include research reports, books,

journal articles, and audiovisual materials. Coverage: 1997 - Present. [Backfile available - 1956-1996] Produced by the National Rehabilitation Information Center.

[SPORTDiscus](#) (Ovid) - serial and monographic literature in the areas of sport: recreation, exercise physiology, sports medicine, coaching, physical fitness, the psychology, history and sociology of sport, training, and conditioning. Coverage: 1949 - Present. Produced by the Sport Information Resource Centre.

[TOXNET](#) - a cluster of databases on toxicology, hazardous chemicals, and related areas, including HSDB, IRIS, CCRIS, GENE-TOX, TOXLINE, EMIC, DART/ETIC, TRI, ChemIDplus, HSDB Structures, and NCI-3D. Coverage: varies by database. Sponsored by the National Library of Medicine, through the Toxicology and Environmental Health Information Program of its Specialized Information Services Division.

[UpToDate](#) – collection of original topic reviews to provide evidence on medical conditions. Information is written by physicians and undergoes a peer-review process.

[Web of Science](#) - Search the Science Citation Expanded Index, the Social Sciences Index, and the Arts & Humanities Index. Perform cited reference searches. Coverage: 1992 - Present. Produced by ISI.

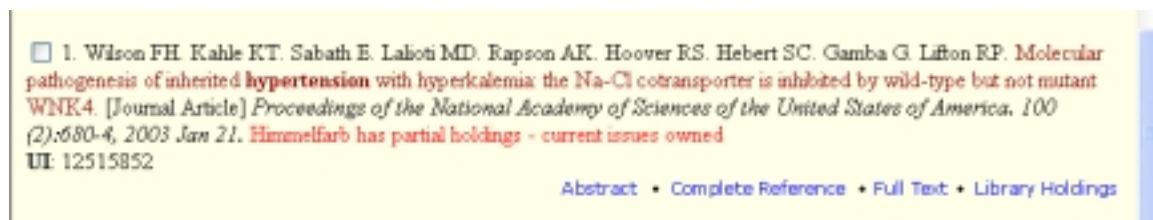
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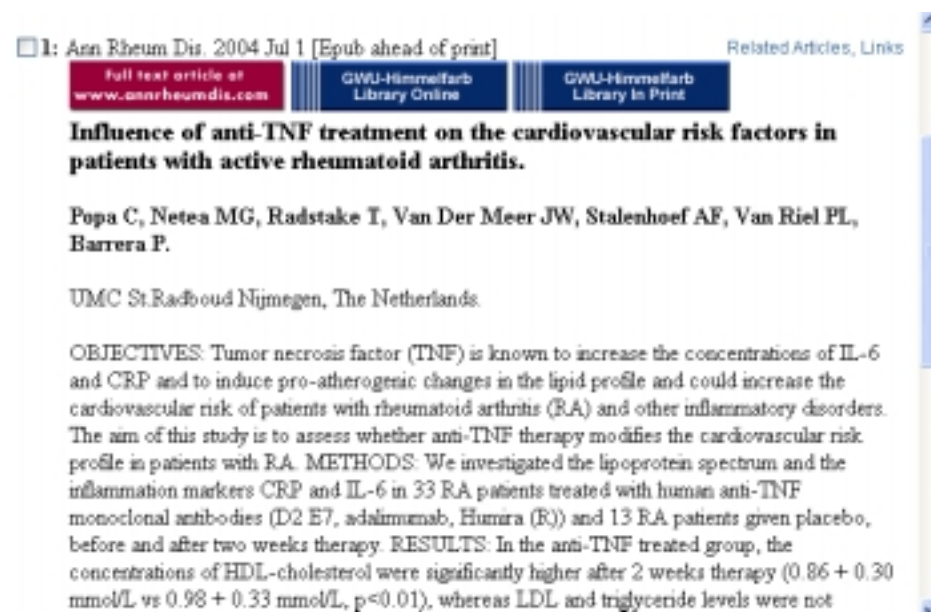
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Influence of anti-TNF treatment on the cardiovascular risk factors in patients with active rheumatoid arthritis.

Papa C, Netea MG, Radstake T, Van Der Meer JW, Stalenhoef AF, Van Riel PL, Barrera P.

UMC St.Radboud Nijmegen, The Netherlands.

OBJECTIVES: Tumor necrosis factor (TNF) is known to increase the concentrations of IL-6 and CRP and to induce pro-atherogenic changes in the lipid profile and could increase the cardiovascular risk of patients with rheumatoid arthritis (RA) and other inflammatory disorders. The aim of this study is to assess whether anti-TNF therapy modifies the cardiovascular risk profile in patients with RA. METHODS: We investigated the lipoprotein spectrum and the inflammation markers CRP and IL-6 in 33 RA patients treated with human anti-TNF monoclonal antibodies (D2 E7, adalimumab, Humira (R)) and 13 RA patients given placebo, before and after two weeks therapy. RESULTS: In the anti-TNF treated group, the concentrations of HDL-cholesterol were significantly higher after 2 weeks therapy (0.86 + 0.30 mmol/L vs 0.98 + 0.33 mmol/L, p<0.01), whereas LDL and triglyceride levels were not

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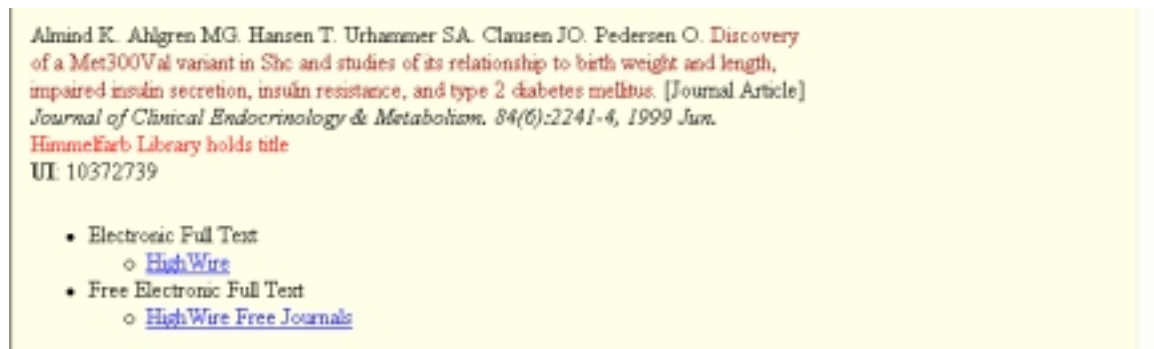
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