

9-2015

Himmelfarb Headlines - September/October 2015

George Washington University, Himmelfarb Health Sciences Library

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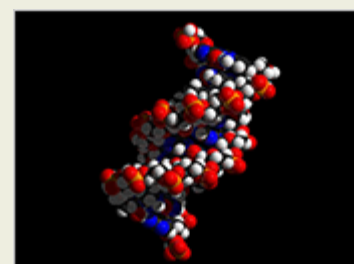
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Welcome to all new students and faculty! Welcome back to all returning students and faculty! We at Himmelfarb Library look forward to seeing you and working with you as you conduct research, complete systematic reviews, and simply look for study materials!

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Himmelfarb Library provides resources to support study for the USMLE exams. Study resources available from Himmelfarb include both print and online books and question banks.

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Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the Himmelfarb Library. In this issue we learn more about Brian McDonald, Web Services Librarian.

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Himmelfarb Library has two online video physical examination resources that students can access at the library, on campus, or off campus on computers or mobile devices via a web browser. Users off-campus will need to be connected through GW's VPN to access these resources.



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Go to the movies!

Video adds a different dimension to a class or when learning about a new topic. It can convey human emotions, technical details about a procedure, or a picture of life in another location. Himmelfarb Library has an extensive collection of 404 DVDs, all available for checkout.



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Director's Desk

Welcome to all new students and faculty! Welcome back to all returning students and faculty! We at Himmelfarb Library look forward to seeing you and working with you as you conduct research, complete systematic reviews, and simply look for study materials!



Lots of activities have been happening over the summer. The Library's HVAC system was completely overhauled to provide more even and comfortable temperatures for study and collaboration. The second floor small group study rooms were refurbished with new carpeting, ceilings, lighting, window coverings, and paint. Rooms 203A-H may be reserved online at <http://himmelfarb.gwu.edu/services/groupstudy.cfm> Monday through Friday, from 2pm until midnight and Saturday and Sunday from 8am until 12 midnight for group study. Additional electrical outlets have been added on the first and third floors, and a charging station for mobile devices has been installed on the first floor near the Circulation Desk. Please remember to bring your own charging cable! You can now report a problem with library facilities on the Library's web page. Just click on the "Report a Facilities Problem" button on the bottom left corner.

Himmelfarb librarians and staff have also been preparing for the upcoming year, updating research guides, renewing software licenses, and expanding access to electronic resources. Take a look at our list of [Research Guides](#) designed to help you select the best resources for your education, research and patient care. Use our resources on the go. Add an information app to your mobile device at our [App Shelf](#). Scan our roster of online tutorials on Adobe Acrobat X Pro, Camtasia, and BlackBoard Collaborate on our [Tutorials](#) page. Check out the many recent accomplishments of our faculty in the School of Medicine and Health Sciences, Milken Institute School of Public Health, and the School of Nursing in the [Health Sciences Research Commons](#), a repository of faculty papers and presentations.

The Library is open 24/7 for the fall semester, with the exception of Thanksgiving Day and the Friday after. The Library's Reference Desk is open 8:30am until 8:00pm, Monday through Thursday, 8:30am until 5:00pm Friday, and noon until 4:00pm Saturday. You can contact us in person or via e-mail, telephone or instant message. The Library's e-mail address is himmelfarb@gwu.edu. The telephone number for the reference desk is 202-994-2850. Send us an instant message by clicking on the "Ask Us" button on the home page.

Best wishes for the fall 2015 semester!



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Overleaf: Collaborative Writing and Publishing

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Collaboration is very easy with Overleaf. You can share documents with your co-authors and other contributors. Multiple authors can edit the document simultaneously. Overleaf tracks changes and allows users to save and restore earlier versions if a revision is not to their liking.

Overleaf offers three levels of accounts, with the free level being sufficient for many users. Free accounts allow an unlimited number of projects and collaborators, give you up to 1GB of storage space and let you save 60 files per project. Paid levels, which allow increased files and storage space, plus several additional premium features, cost \$8 per month for Pro and \$12 per month for Pro+. A complete [pricing comparison](#) can be found on the Overleaf website.

Overleaf offers many [tutorial videos](#) to help acclimate users to the process. Tutorial videos cover the initial setup, how to include lists, tables, images, formulas, and more. [Sign up](#) for a free Overleaf account to try it out for your next article submission!

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1. [Bates Visual Guide](#) - This collection of videos demonstrates examinations of infants, children, adults, and older adults, and examinations of specific anatomy. Individual chapter videos run 1-5 minutes in length, or can be viewed as a volume (25 minutes for Head to Toe: Adult volume.) It is designed to be used in tandem with [Bates' Guide to Physical Examination and History Taking](#) as a complete learning solution for assessment instruction. URLs of chapter videos can be copied and embedded in documents or Blackboard.

2. [Timeless Art of Physical Examination](#) (Medical Media Systems)- This streaming video site includes short videos demonstrating interview skills, examination techniques, ophthalmoscopy, heart sounds, and abnormal findings. Unlike Bates, each video segment must be queued and viewed individually. Videos run 1-7 minutes.

In addition to these new streaming services, the following DVDs are available in the Audiovisual Collections on the third floor:

[Complete screening exam](#) [videorecording] : Dr. Delaney interview. Washington, D.C. : George Washington University, School of Medicine and Health Sciences, 1997 (20 min.)

[Head-to-toe examination of the pregnant woman](#) [videorecording] / [presented by] Elsevier ; producer /director, Glenn Harman. Philadelphia, Pa. : Saunders Elsevier, c2008. (24 min.)

[Physical assessment of a child.](#) | [videorecording] / [presented by] Medcom ; The Austin Group. Cypress, CA : Medcom, Inc., c2008.

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[Go to the movies!](#)

Video adds a different dimension to a class or when learning about a new topic. It can convey human emotions, technical details about a procedure, or a picture of life in another location. Himmelfarb Library has an extensive collection of 404 DVDs, all available for checkout. The topics covered in the collection range widely, covering public health, clinical medicine, ethics, global health, health policy and even wellness. Recent additions to the collection include:



- « *Under our Skin: A Gripping Tale of Microbes, Medicine & Money*
- « *Out on a Limb*
- « *New Ways to Manage MDS (Myelodysplastic syndrome)*
- « *Disease Branding: Selling Sickness to the Public*
- « *Professional Boundaries in Health Care*

Borrow one of our DVDs to expand your own knowledge or to share with your students. Check the [library catalog](#) for the most current information on our DVD collection.

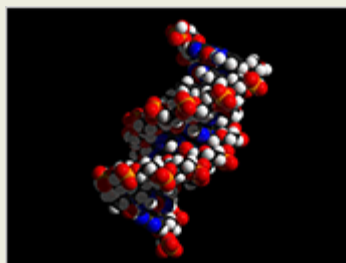
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Board Review Study Support

Himmelfarb Library provides resources to support study for the USMLE exams. Study resources available from Himmelfarb include both print and online books and question banks.

To help students find the resources they need, board review resources are aggregated in research guides to allow students to find relevant resources by step (1, 2 or 3), topic (anatomy, behavioral science, emergency medicine, etc.), and type of resource (general review, topic specific review, or question bank).



Board Preparation: USMLE Step 1 - provides access to question banks and cases and general review books. This guide also provides access to print and e-books focused on study for specific areas of the step 1 exam including anatomy, behavioral science, biochemistry and molecular biology, embryology and genetics, microbiology and immunology, neuroscience, pathology, pharmacology, and physiology.

Board Preparation: USMLE Step 2 - provides access to question banks and cases and general review books as well as lists of print and e-books to support study for the emergency medicine, internal medicine, neurology, obstetric and gynecology, pediatrics, psychiatry, and surgery portions of the step 2 exam.

Board Preparation: USMLE Step 3 - provides access to online question banks including Exam Master Medical Subject Review, Gold Standard Board Preparation Systems, MedStudy: video board review of internal medicine, and USMLEasy as well as general review books that support step 3 study.

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Meet Brian McDonald, Web Services Librarian

Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the Himmelfarb Library. In this issue we learn more about Brian McDonald, Web Services Librarian.

As a new member of Himmelfarb, please tell us a little about your current position and what you do?

As the Web Services Librarian, my primary responsibility is developing and maintaining the library's web site. I also handle the interface design for several other library resources (research guides, Documents2Go, the link resolver that gets you from a citation in one database to the full text in another, etc.) I serve as the liaison to the Department of Epidemiology and Biostatistics at Milken Institute School of Public Health and the Neurology and Neurological Surgery departments in SMHS. Like the other Himmelfarb librarians, I am a librarian tutor for CIS sections through all three semesters of the Fundamentals of Medicine curriculum.



What exciting projects are you working on and are there any new changes we can expect for the Himmelfarb Web site?

One project that I'm looking forward to over the next year is a full-scale redesign of Documents2Go. A big part of this will be a skin change to make it look and behave more like the rest of the Himmelfarb web site, but what I'm most excited about is reconfiguring Documents2Go to work with your NetID/password instead of requiring everyone to create a standalone account. In general, you should expect your experience with Himmelfarb's web resources to become much more streamlined over time.

What about your job do you most enjoy?

I like making other people's jobs easier. I believe the best web sites are the ones that get out of your way and let you do what you need to do with the least wasted effort on your part. I find it highly rewarding when I can make an improvement and see the difference it makes in someone's work, whether it's a faculty member doing research, a student who needs library resources for an assignment, or a member of the library staff working to provide excellent services to our users.

What's been the biggest challenge?

The challenge with designing a website like Himmelfarb's is that we serve a wide variety of users with very different needs. While all of our users are in the health sciences, there's a vast difference between first-year students in an educational setting beginning to learn the types of resources and services available to them and experienced clinicians who have well-worn paths to the tools that are most helpful to their day-to-day needs. It can be very challenging to design a single site that meets the needs of all our users without being mediocre for everyone. It's always my intent to provide every user with an excellent web experience, and that's a goal that it's hard not to fall short of.

What led you to a career as a medical librarian?

Medical librarianship was never really on my radar until applying to work at Himmelfarb -- all of my earlier professional experience was at small to medium liberal arts colleges. The thing that intrigued me about working in a medical library was the chance to have a direct impact on the education of future members of the health care professions. It's exciting to realize that my daily work is helping to train our students so they can provide high quality care to patients as they move into their professions.



What do you like to do in your time away from work?

I grew up in a very remote rural area of Arkansas, so getting out into natural settings regularly is important to me -- even more so because I spend so much of my life interacting with technology. I enjoy hiking and camping with my wife and kids and have enjoyed exploring the Pennsylvania state parks over the past few years. I also like challenging myself to learn new things, so I recently started studying Chinese with the goal of passing one of the middle levels of the [HSK](#) within the next couple years.

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Faculty Profile - Leighton Ku, PhD, MPH

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**Tell us a little bit about your current position or research/projects.**

I'm a professor in the Department of Health Policy and Management in the School of Public Health. My research focuses on policy approaches to improving access to health care for disadvantaged Americans. This has enabled me to examine issues like national and state level health reform, immigrant health, Medicaid and the health care safety net.

One topic I'm working on now is understanding how to get the Medicaid program to do a better job helping people to quit smoking, the number one preventable health problem. Medicaid is the largest insurance program in the nation and smoking cessation is an available benefit. Although low-income Medicaid beneficiaries smoke at rates double that of the overall population, there is a relatively low use of smoking cessation benefits. Doing a better job may result in improving population health and lowering health care costs. There is no doubt that it is hard to curb or quit smoking, but even modest gains could have big payoffs.

How did you become interested in your field?

My underlying interest arises from concepts of social justice and equity. Since then, I have tried to figure out how to employ the levers of public policy and of research to address these problems. This enables me to have gainful employment drawing on my interests as a policy junkie and a research nerd.

What has been your biggest professional challenge?

Like many, my career has not followed a traditional academic path. Right out of college I worked as an Emergency Medical Technician in the streets of Boston. After my MPH degree I worked for the government as a policy and budget analyst and then went back for my PhD. Next, I joined the Urban Institute (a research think tank) and then the [Center on Budget and Policy Priorities](#) (a hybrid think tank and advocacy organization) before coming to GW. For the past few years, I've volunteered to help establish [DC Health Link](#), the new health insurance exchange for the District as an executive board member.

A big challenge has been figuring out to adapt to different structures and institutional needs in each role. It's all been fun and I think it has rounded out my perspectives and broadened my skills, but this was not the most direct path on earth.

What has been your most memorable moment at GW?

I don't know. Surprise me!

What library resources or services have you found to be the most useful?

I have long treasured libraries and love to meander amongst the shelves to gather nuggets of knowledge. But, as the internet age has progressed, I must admit that I go to the library less often and instead take advantage of Himmelfarb's terrific online resources. I even learned how to do my NIH biosketch using library resources recently!

Whom do you admire?

One hero is my old boss, [Bob Greenstein](#), who directs the Center on Budget and Policy Priorities. He has been incredibly effective in using timely research and policy analysis to help address key policy and budget issues. Another is Congressman John Lewis, who was a true pioneer in civil rights and... (see below)... is now a comic book author.

How do you spend your free time? (or What do you do to relax?)

As mentioned above, I'm a nerd. Given that this is going to a library audience, I hereby publicly attest that I - a grown adult - still read comic books. But, somewhat defensively, I note that comic books are not all just about superheroes. John Lewis' *March* is a great read about civil right struggles in the 1960s. (Of course, a lot of comics are about superheroes and I like them too.)

What advice would you give to a new faculty member just starting at GW?

Work hard and have fun. Continue to hone your methodological skills when you are young and smart, so you can help keep us old geezers current.

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Searching our [website](#) via the search box will now include not just our webpages but also all of our [Research Guides](#). Find even more useful information on your topic with one quick search!

Use your NetID to access our databases, full-text journals and textbooks from off-campus via the WRLC proxy server. Click [here](#) if you need to claim your netid before you can use it.

Check out one of our 10 charging lockers to recharge your devices. Each locker can securely contain and charge two devices.

Himmelfarb now offers [Simbryo](#), a program containing multiple embryology animation modules including a developmental clock that allows you to track the developing embryo.

Use your on and [off-campus access](#) to consult the [Red Book Online](#), the electronic version of the American Academy of Pediatrics text (2015 edition). Additional features included with this ebook are a multimedia library of images, videos and PowerPoint files.

The HVAC upgrade has been completed and our patrons and staff can look forward to much more pleasant temperatures in the building.

Over the summer, the Library was improved with new paint, new ceilings in small group study rooms, and better lighting.

