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Director's Desk

elcome to a new Academic Year and best wishes for the fall 2014 semester to all new and returning faculty, staff, residents, and students!

As usual Himmelfarb librarians and staff have been preparing for the upcoming year. Take a look at our list of *Research Guides* designed to help you select the best resources for your education, research and patient care. Use our resources on the go.

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subscription to New England Journal of Medicine? There's much more than just the fulltext articles (available online back to 1945!):

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Publishing a paper? Want to make it findable?

The MeSH on Demand tool offered by the National Library of Medicine may be useful in helping ensure that your paper is



quickly 'findable' in the medical literature. Using the MeSH on Demand tool, you can submit a block of text (for example: your article's abstract) and the tool will provide you a list of the most relevant MeSH (Medical Subject Headings) terms.

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Faculty Profile - Mayri Leslie, Director, MSN Nurse Midwifery, Assistant Professor

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<u>Librarian</u>

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your mobile device at our *App Shelf*. Scan our roster of online tutorials on Adobe Acrobat X Pro, Camtasia, and BlackBoard Elluminate/Collaborate on our *Tutorials* page. Check out the many recent accomplishments of our faculty in the School of Medicine and Health Sciences, Milken Institute School of Public Health, and the School of Nursing in the *Health Sciences Research Commons*, a repository of faculty papers and presentations. Take a stroll through our building. The first floor of the Library has been refreshed with paint, carpeting and additional electrical outlets for your portable devices. The elevator cab has been completely refurbished and all mechanics rebuilt. Additional study tables have been placed in the window alcove of the first floor. Colonial Printing is now available at 6 kiosks on the first and third floors.

Please stay in touch. As an article in the *Chronicle of Higher Education* noted on August 22nd, "Librarians live to help. And they'll be able to help your class do much better work if you've taken the time to share your syllabus, your assignments, and your ideas with them." Each department served by the Library has a liaison dedicated to working with its students and faculty—just waiting to help! You can find your liaison on the *Library's Home Page*. You may contact me at 202-994-1826 or **alinton@gwu.edu**. The Library's e-mail address is **himmelfarb@gwu.edu**. The telephone number for the reference desk is 202-994-2850. Or send us an instant message by clicking on the "Ask Us" button on the home page. The Library is open 24/7 for the fall semester, with the exception of Thanksgiving Day and the Friday after. The Library's Reference Desk is open 8:30am until 8:00pm, Monday through Thursday, 8:30am until 5:00pm Friday, and noon until 4:00pm Saturday.

Best of luck for the fall semester!



Director's Desk 2014-2015 Academic Year



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terms. You can include those terms in your submission to the publisher and their submission to PubMed to enhance the indexing immediately available for your article.

MeSH terms are assigned to all articles which are indexed in PubMed. All articles in PubMed are indexed by human indexers who ensure consistent and comprehensive use of MeSH terms. However, depending on the journal, it may take from several weeks to several months for the final MeSH terms to be assigned to a particular article. Publishers may submit suggested MeSH terms (keywords) when they submit article information to PubMed. These records are listed as 'in process' until final indexing and MeSH terms are assigned, but the suggested MeSH terms are included with the article enhancing the article's findability in PubMed.

For example, GW researchers from GW's Milken Institute School of Public Health recently published an article in PubMed entitled *Can China diminish its burden of non-communicable diseases and injuries by promoting health in its policies, practices, and incentives?* A citation and abstract for this article are already listed in PubMed, but keywords are not included for the article. By submitting the article's abstract to the MeSH on Demand tool, a list of potential keywords is quickly generated:

- » China
- » Communicable Diseases
- » Cost of Illness
- » Developed Countries
- » Health Services
- » Morbidity
- » Population Dynamics

If you have questions regarding MeSH on Demand, please contact Laura Abate (leabate@gwu.edu).



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- » PowerPoint Image Downloads You can download all images, illustrations, and tables from NEJM into PowerPoint slides with the click of a button. Each slide includes the article title and citation, and the caption for the image is automatically added to the Notes section of your presentation.
- » Videos in Clinical Medicine Watch common clinical procedures on your computer or mobile device. Peer-reviewed for accuracy and chaptered for easy reference, these videos provide a concise review of the procedure, including preparation, equipment, and more. « NEJM Quick Take Brief animation narrated by Jeffrey M. Drazen, M.D., Editor-in-Chief of the Journal, summarizing the key findings of an original research article and their broader implications in a lively visual format.
- » Image Challenge An excellent way to test your diagnostic and visual skills and identify symptoms. A new image is presented each week and you must make a diagnosis or answer a question.
- » Interactive Medical Cases Each interactive case presents an evolving patient history and a series of questions and exercises designed to test your diagnostic and therapeutic skills. You will receive immediate feedback on your answers and treatment choices. Video, animation, and interactive content allow you to learn more about mechanisms, diagnostic tests, and treatments.
- » Weekly Audio Summaries Provides a recap of the articles in that week's issue. Each Audio Summary runs about 10 to 20 minutes and provides the most important conclusions from each article. You can listen to the summary from the website, download MP3 files, or subscribe to the Podcast at iTunes.



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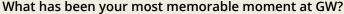
Faculty Profile - Mayri Leslie, Director, MSN Nurse Midwifery, Assistant Professor

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What has been your biggest professional challenge?

I guess the biggest challenge is having to make the choice of where to put my time and attention. Shall I practice as a clinical nurse-midwife?

Should I be an administrator and run a large clinical practice? Teach? Become a tenure track faculty member? Write? Research? I have done all of this, and usually several at one time. (Like most faculty, we all practice our craft.) I think finding the balance that is right for myself and for my life and the particular circumstances of my life at a given time has been the biggest challenge.



There have been two. The first was receiving my Doctorate in Education from the Graduate School of Education and Human Development in the field of Human and Organizational Learning in 2012. With a Bachelor in Arts Management, and a Master's of Science in Nursing I felt I had truly rounded out my development as a human being with degrees now in the arts, sciences and humanities.

My other very memorable moment was serving as faculty for a trip to Haiti with the School of Nursing with both undergraduate and graduate nursing students last January. As a nurse-midwife, the students and I worked alongside the Haitian nurses and midwives in their women's center caring for women during prenatal and postpartum care and in labor.

How did you become interested in your field?

I've actually had two different careers. The first was in the performing arts as a writer, director and producer. Pregnant with my second child in 1988, I become profoundly interested in pregnancy, birth and maternity care. I decided to change directions and became a nurse-midwife. I learned during that time that many of the practices that are common in maternity care today are not necessarily supported by the evidence. Conversely, many forms of care that are evidence-based are not being used as much as they could be. I became an advocate for mother and family centered maternity care. And, I became interested in why the evidence does not seem to be enough to change practice.

What library resources or services have you found to be the most useful?

First and foremost, I would have to say – the resource librarians themselves. I use the library constantly from a distance, but there are limits to my ability to problem solve. Also, one does not know what one does not know. I find that I gain so much by asking for help or asking for more training. I also watch and take every opportunity to take classes or webinar. Finally, I think having the personal support of the resource librarian has strengthened my ability as a researcher quite a lot. I am so grateful.



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Whom do you admire?

Eugene R. Declerq, Carol Sakala and Maureen Corry and colleagues for their series of surveys called "Listening to Mothers". The first data ever collected on what mothers have to say about their experiences of pregnancy, birth and postpartum in the U.S.

How do you spend your free time?

Writing, researching. Beyond that with my husband Dave and when they are in town, my grown kids. Love our 3 cats and 2 dogs and our home looking out on the forest in MD. Dog walks. Trips to see friends, family.

How do you relax?

Read. Historical novels, books on management or health care, spirituality/healing; go to theatre, concerts, movies, walk in forest, walk on the beach.

What advice would you give to a new faculty member just starting at GW?

Find a mentor. If your department assigns a formal mentor, that's great. But also find an informal mentor – someone with similar interests you can admire who is down the road where you want to be in a few years. Get to know people and their names, learn about their lives. Be interested more then be interesting. Relax, it takes a good couple of years to feel at home.

What are your future plans?

In the research area I am very interested in working with colleagues here at the GWUH on investigating delayed cord clamping (waiting to cut the umbilical cord after the baby is born) for infants who need resuscitation at birth. This can provide a more stable blood volume for compromised infants and may improve resuscitative efforts. In this same area, I'm also interested in reducing infant anemia for children whose mothers were anemic at birth – especially since maternal anemia is heavily impacted by racial/ethnic and socio economic status. (Cutting the umbilical cord early doubles the risk of infant anemia at 4 months.) As the director of the MSN Concentration in Nurse-Midwifery, my future plans include continuing to grow this important new program in the School of Nursing to meet the increasing demand for primary care providers in maternal child health.

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This fall Himmelfarb Library will be hosting and sponsoring a variety of sessions targeting good nutrition, stress reduction and exercise.

Whole Foods is returning twice this semester to demonstrate several healthy recipes and provide samples. They'll be at Himmelfarb on Tuesday, Oct. 14th and Wednesday, Nov. 10th at 4 pm. We're also have mindfulness sessions, a Bhangra dance demonstration, and a piloxing session. Watch the Himmelfarb website and the information kiosks for more details as these events are scheduled. You can also find more information about the Healthy Living@Himmelfarb initiative.



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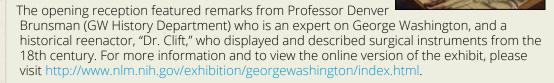
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Meet Laura Abate, Electronic Resources and Instructional Librarian

aura Abate wears two hats for her job at Himmelfarb Library.

Originally hired as a reference and instructional librarian, her interest in electronic resources and expertise at troubleshooting problems with them led her to take on the role of electronic resources librarian in 2003. Today her time is split in half as she works as a member of the library's research and instruction team and as electronic resources coordinator.



Happily, the two roles pair well. What she learns from one enhances her knowledge and skills for the other. Her expertise with tools such as PubMed, Scopus, ClinicalKey and Epocrates Essentials aid with teaching the use of them to students, residents and faculty, while her observations of how they are used by the library's patrons feed purchase and access decisions.

This past spring and summer, Laura has been involved in planning the informatics segments for the revised MD curriculum and librarian support for the curriculum. Laura's also been working on planning for how the role of the embedded librarians will change to support the new Clinical Skills and Reasoning (CSR) small group sessions. An early iPhone and iPad adopter, her experience with the technology helped with recommendations for resources to make available to the MD Class of 2018 students on their iPads.

While the pace of her day to day work is increasingly demanding, Laura still makes time to get to know the library's users individually and assist with any problems they may be having with the library's diverse electronic products. No matter how challenging, Laura cheerfully digs in to solve the problem and is not satisfied until it is fully resolved. No wonder so many faculty and students call or knock on the door to her office area looking particularly for her assistance.

Laura is a 5th generation California native and enjoys making trips back to her parents' ranch. In her away- from- work life, she spends most of her leisure time with husband Michael and school age daughters Madeleine and Josephine who are all enthusiastic travelers. Their most recent overseas adventure was to Peru where they spent some time in the Amazon jungle, piranha fishing! Nothing quite that scary at Himmelfarb, but it's reassuring to know that Laura is up for most any challenge.



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