

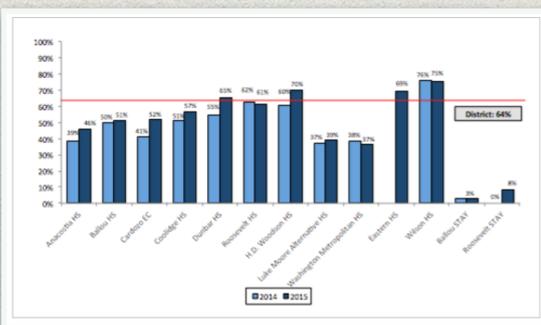
Who We Are

Welcome to the Healthy Teen Scholars (HTS) Learning Community! We are a group of health graduate students at GW committed to public service. This year we met with Dunbar High School students through weekly Red Cross Club meetings where we led discussions on health topics and careers in health. The club was supervised by Ms. Megan Patterson, a dedicated biology teacher at Dunbar. Here are some highlights from this year's journey!



Dunbar High School

- Dunbar is America's first black public high school, and has a rich history as a high-achieving academic institution
- In recent years, Dunbar has struggled with academic performance



- In 2015, 65% of Dunbar students graduated on time

Our Four Pillars Guide Our Activities

Community Engagement

Events: Eating with the Unhoused, Women's Collective, Project Downtown



Professional Development

Event: Health Career Fair
Skills: Public speaking, communication, elevator pitch, professionalism



Public Health Education & Awareness

Event: Dunbar Health Fair
Topics: Nutrition & exercise, STI/HIV prevention & management, contraception, mental health



Leadership Building

Event: Minority Health Conference
Skills: Joint decision making, student input and ideas

What We've Learned

The Dunbar students have been the fuel to our HTS fire. They taught us that they are not statistics, tasks, or activities. They are people. They brought us together in ways that didn't seem imaginable months ago. Their knowledge, enthusiasm, and curiosity has pushed us all to strengthen our commitment to public service.



Recommendations

- Consider your community's needs
- Plan ahead
- Always be flexible
- Communicate
- Don't be afraid to delegate
- Maintain accountability
- Be present and open-minded
- Have fun!

Acknowledgements

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