

## Introduction

### Healthy Teen Scholars Learning Community

We are a group of graduate students of all different backgrounds: Public Health, Global Health, Health Administration, Health Policy. We came together as a team with guidance from our coaches and ISCOPE S advocate to work with our community partner site in Anacostia High School, Washington, D.C. Our community partners are Ms. Dooley and a great group of teen scholars with high potential and immense desire to make a change. The students have a common interest in learning about healthcare and healthcare-related careers. As a step toward exploring and furthering this interest, the students and Ms. Dooley began the Red Cross Club with the ISCOPE S team last year. Serving as their mentors, we supported them throughout this year as they built and developed the club. We helped increase their exposure to the field of healthcare by helping them organize different activities.

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These students are the future of this community. Their goals have to be nurtured from the very beginning. They are now high school students about to embark on a variety of adventures, from furthering their academic pursuits to entering the workforce. This is an important transitional phase in their lives. They have a clear interest and determination to take control of their futures. This interest has to be supported and developed. They need exposure, they need advice, they need to learn more. This is where the students could benefit from ISCOPE S and our mentorship. We, as graduate students, have been through this phase and this process. We have experience applying to college and pursuing healthcare careers. We have the experience and knowledge they can learn from. We have the answers to their questions, and if we cannot answer their questions ourselves, we have the means through our coaches, advisors and our own mentors to provide the information they need.

Students and Teen Scholar members at the Simulation Lab Set-up



Healthy Teen Scholars Learning Community Members & Coaches



**Kudos to the Healthy Teen Scholars Learning Community for completing the most CQI surveys in January. They won an extra \$100 toward their team budget.**



Teen Scholar members, Ms. Dooley, and student at the Basketball game

## Starter Project: Health Career Fair



### Initial meeting with the Red Cross club members and Ms. Dooley

This meeting took place during an Anacostia football game. A few of the ISCOPE S members were able to attend and meet the students for the first time. During this meeting, we had the chance to speak to the students about what they expected from our partnership. We spoke of what their goals were for the year and what they aimed to achieve with the newly established Red Cross club. We decided on organizing a career fair as per the students' wishes to learn about healthcare careers firsthand from healthcare professionals.

### Phone Banking Session

Instead of reaching out and recruiting professionals for the career fair ourselves, we decided to have the students take charge of the process. We hosted a phone banking session and guided the students as they contacted professionals by telephone or email. We provided scripts whenever necessary and allowed the students to have professional telephone conversations and send professional emails. They also completed follow-up and reminder emails and phone calls during the weeks leading up to the career fair. This is an important communication skill that young adults need to develop during their academic years.

### Health Career Fair

We, the students and the ISCOPE S members were able to carry out a career fair with healthcare professionals including physicians, medical school residents, pharmacy consultants, EMT, biomedical engineer, veterinarian, massage therapist, and nutritionist. The students had the opportunity to engage with these professionals and received information regarding each career and its education steps and requirements, average salaries, daily activities, etc. To encourage students to speak to as many professionals as possible without shying away, we created a small scavenger hunt game with questions and answers. This event was our main event for the year, and it was very beneficial for the students.

### Basketball Game

Members of the ISCOPE S team attended the Anacostia High School basketball playoff game to foster further communication with the Red Cross Club members, and support the students. We met with Ms. Dooley and a few executive board officers and were able to discuss future steps and possible events for the new semester. It was a successful outing and experience to visit the students in their school setting. We were also able to collectively brainstorm new ideas and projects.

### Simulation Lab Set-up

ISCOPE S members and Red Cross Club students volunteered two weekends to clean, organize and set-up the new health and nursing simulation lab at Anacostia High School. We came together as a team to make this project a reality for Ms. Dooley, the health staff, and the school. There were many teachable moments between our team and the students that we were able to integrate throughout the service days. The students were very appreciative of our guidance and service.

### Feed the Homeless

The students showed interest in giving back to the community and volunteering at a feed the homeless event at a nearby church. We set up an event and spent a Sunday at the church serving food and socializing with people with no homes. It was a unique experience, and we got the opportunity to gain a new perspective of homelessness. It was eye-opening for both the students and the members.

## Recommendations

1. Be fully present at all group meetings, presentations, and service events
2. Strive to constantly improve as a team
3. Respect the right of others to have different opinions
4. Maintain confidentiality and respect privacy
5. Be flexible and adapt to the environment
6. Be conscientious of those around you

## What We Learned

It is important to remember that when working together in a team there are always a vast array of factors to consider to ensure the most effective outcomes are achieved. As a team, we came together from different backgrounds, walks of life, and experiences to center around one goal. We have learned over the year that teamwork is greatly influenced by our values, skill set, and life perspectives. As part of an interprofessional team in the future, always welcome and embrace your differences and strive to come together as a unit working towards positively enhancing the community in which you serve.

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The most important thing learned from each other and the people we served during the ISCOPE S experience is that before anything, we see people as people. We learned the importance of humility among ourselves in any situation found, to ultimately impact change in our respective service communities.

## Kudos

The students for their dedication and curiosity to learn more.  
 Ms. Dooley for her support of the students and our ISCOPE S team.  
 Coaches Shawneequa and Joelle for helping us through every step of the way.  
 Angie and Donna for bringing us together and helping us throughout the year. Special thanks to Sarah for being there at every meeting and keeping us on track.

Anacostia High School Students, Ms. Dooley, Health Teen Scholars, ISCOPE S Coaches, and Leaders with the service members at the Feed the Homeless event.

